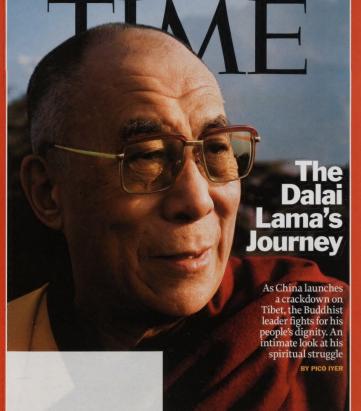


Who Screwed Up The Economy



Innovators: The Guys Who Build Better Athletes



SOME INTERSECTIONS ARE FOUND BEYOND THE ROAD. You are more than a driver.

So, we considered more than the road, connecting the way you live with the way you drive.

Managing the day-to-day rush hour of your life. In other words, we let the anatomy of



people guide the anatomy of the all-new Accord.

Reflecting your increased hours on the road, the Accord brings you a more comfortable, more luxurious driving experience than ever before. Larger, deeper front seats indulge the lumbar region, acknowledging today's more hectic work demands, along with more legroom and more space for rear passengers. New advancements like the available Bluetooth* HandsFreeLink** and Honda Satellite-Linked Navigation System*** deliver access to life beyond your commute without taking your hands off the wheel.

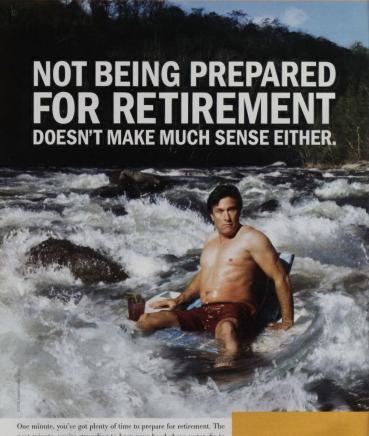
Inside, passengers are offered the option of a 7-speaker, 270-watt audio system, thoughtfully engineered to automatically adjust its volume in relation to the speed of the car. And, every one of the Accord's considerations is complemented by the responsive performance and power of an available, all-new 268-horsepower engine.

The road has never seen an automobile quite like this one. It's the most powerful Accord ever and simultaneously achieves an ultra-low emission rating. A reminder to drivers and carmakers alike that power and efficiency are no longer at odds. If you go beyond the road.

THE ALL-NEW ACCORD FROM HONDA BEYOND THE ROAD







One minute, you've got plenty of time to prepare for retirement. The next minute, you're struggling to keep your head above water. So to help you achieve your retirement goals, Edward Jones recommends investment strategies that have proven themselves over the long term. For a free retirement review, contact your local Financial Advisor at 1-800-ED-JONES or edwardiones.com. Member SIPC.

Edward Jones

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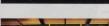
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To Our Readers **Tackling Tibet.** As violent protests spread in China, two Time veterans offer unparalleled insight into the life and mind of Tibet's holiest leader, the Dalai Lama

PICO IYER, ONE OF THE WORLD'S PREMIER prose stylists, has been following the journey of the Dalai Lama since he was a tiny child. In 1960, when Pico was 3 years old, his father visited in India with the newly exiled Dalai Lama and brought back a picture of the shy 24-year-old for his son. That picture sat on Pico's desk for 30 years, until 1990, when a fire roared through his family's house, wiping out everything including the photo and bringing home to him the Buddhist idea of the impermanence of life.

Pico first visited with the Dalai Lama when he was 17, in the sheltered settlement of Dharamsala, in the foothills of the Himalayas. After Tibet opened up to the world. Pico made three additional trips there. In April 1988, Pico wrote a major profile of the Dalai Lama for TIME and later went to Tibet to report for us on what that peaceful society was going through under martial law. As fans of his travel writings know, Pico's curiosity has led him to nearly every corner of the globe, but he has always found himself returning to the monk in Dharamsala. He wrote another long piece on the Dalai Lama for us in 1997, so in a sense, Pico has been updating TIME readers on this figure of global fascination every 10 years.

Now Pico offers the definitive portrait of His Holiness in this week's cover story. which is adapted from his new book, The Open Road: The Global Journey of the Fourteenth Dalai Lama. "Over the years," Pico says, "I've been struck by how practically he's adapted his message to the times and the worldwide audience. He's thought about his positions more deeply and more rigorously than anyone I've ever met."

Our article comes at a time when the events in Tibet are making that land at the roof of the world one of the most important stories of the year. Chinese enterprise has transformed Tibet in recent years, bringing material benefits to Tibetans but also feeding anxieties about the erosion of their cultural freedoms. Those resent ments exploded in the streets of Lhasa and other cities this month, prompting a clampdown by Chinese authorities. That has provoked talk of a partial boycott of



Inner sanctum In his isolated home near the Himalayas, His Holiness reads from Buddhist text



Nachtwey The renowned photographer was moved by the Dalai Lama's welcome of aentle nods and warm smiles



lyer The author drew from decades of travel in and research on Tibet for his new book, The Open Road



the opening ceremonies of the Olympics in Beijing. But by seeking dialogue with the Dalai Lama, as called for by U.S. Secretary of State Condoleezza Rice, China's rulers can show the world their commitment to promoting freedom and safeguarding human rights.

The cover portrait of the Dalai Lama is courtesy of another name familiar to TIME readers: James Nachtwey. Pairing Pico with Nachtwey, the planet's pre-eminent news photographer, seemed like journalistic Nirvana. The two first worked together in South Korea, 20 years ago. Jim, who has devoted his life to documenting wars and tragedy and famine everywhere from El Salvador to the West Bank to the Sudan, had always told us that if he ever had the chance to photograph the Dalai Lama, he would drop everything and do it. He got the chance and spent five days in March with the Dalai Lama in Dharamsala. He was permitted into His Holiness's private residence to photograph the Dalai Lama praying and reading from Buddhist texts. In his quiet intensity, his down-to-earth centeredness and his relentless focus, he resembles the unique man he photographed.

Richard Stengel, MANAGING EDITOR

Tara McCullouah GLENDALE, ARIZ. Plus-sized women shouldn't think of themselves as a size. Versace will now take your questions They should think of themselves as women with rich goals in life. Size doesn't mean. really, anything. You can carry your size with pride and dress in a way that you like.

What characteristic of the Versace brand have you kept alive to immortalize your brother?

Armando Rodriguez Davila MEXICO CITY Glamour. When Gianni started, fashion was about being safe, being sophisticated. The word glamour didn't exist. Gianni invented glamour. It meant women not being afraid to embrace femininity and sensuality. I make sure glamour stays.

How is your vision of the Versace label different from Gianni's?

Ashika Vaswani, SYDNEY I always, always think of Gianni-if Gianni would approve of what I'm doing. Every fashion show, before the girls or the boys go on the runway. I close my eyes and think of him. Will Gianni approve of this? I tell myself, Yes, he will. He taught me everything I know. Even if my fashion changes, evolves with the millennium, the DNA is the same.

What are your feelings on using film stars instead of supermodels to represent fashion? Alexander Dreussi

CANTON, OHIO A celebrity can convey a message much quicker and much more clearly than a model. For example, for my menswear line, I'm working with [Grey's Anatomy star] Patrick Dempsey at the moment. The enthusiasm from people is very serious. They look at the campaign with Dempsey as enormous because he represents the kind of man that

every woman wants next to her and every man can recognize himself in.

Recently Hillary Clinton refused to be in Vogue magazine. fearing she would appear too feminine. What do you think that says about women's roles in society?

Emily Nielsen, POWAY, CALIF. Showing your femininity should help your career and not go against your career. Dressing like a man, using the suit to look powerful-that was the '80s, and that didn't help women. Helping women is [using] your brain and not the way you dress.

Would you consider partnering with mass-market brands like H&M?

Grace Lien, HONG KONG I don't think so. Versace is positioned in the luxury-brand market, and only in that way can you be established forever as a luxury brand.

Has your company started feeling the effects of the weakening American dollar or the Japanese ven?

Do you think the fashion industry should make clothes

for plus-sized women?

Jeffrey Spivock, MONTREAL No, because the luxury market at this moment doesn't feel the recession. Hopefully we will not. But we are very aware of what's going on in the world, and we're taking steps to avoid [being affected].

Italy aside, which country's or city's fashion sense do you most admire, and why?

David John Landy, DUBLIN I do admire England because they are eccentric. I admire America because they follow fashion.

Which other designers' fashions inspire you? Amanda Cusick

PIEDMONT, CALIF. I like a lot of young designers. I like Christopher Kane-he's a very young British designerand Nicolas Ghesquière, the designer for Balenciaga.

What's the most influential thing in your life and work?

Soyeun Yang, SUPERIOR, COLO. Music. Being friends with musicians and knowing a lot about music have a great impact on my life and on my design. Music is about breaking rules and finding new beats and listening to new



time.com/10 questions

To watch a video interview with Versace and to subscribe to the 10 Questions podcast on iTunes, go to

From mild to extra bold, discover the taste that Life hoppers over cofficinspires you at www.starbucks.com/coffeeathome. AVAILABLE WHERE YOU BUY GROCERIES.

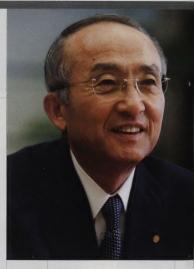
Toyota's Green Road to Growth

"Toyota is committed to sustainable development through innovation that balances economic growth with environmental protection"

- Katsuaki Watanabe

murmur swept through the crowd of media representatives attending the Toyota press conference at the North American International Auto Show in Detroit on Jan. 13. Toyota Motor Corporation President Katsuaki Watanabe had just made a stunning announcement: "By 2010, we will accelerate our global plug in phorid R&D program. As part of this Jan, we will deliver a significant fleet of plug-in hybrid whickes powered by lithium-ino batteries to a wide variety of customers." The innovative new plug-in hybrids will be able to cover greater distances on electric power alone, while producing significantly less CO, than other hybrid whickes.

just days before the Detroit show, Watranabe set out his vision for Toyota's future at the company's headquarters: "Toyota cannot grow without improvements in quality. That means not only enhancing our technology, product quality and cost competitiveness, but also maximizing our contribution to sustainable development. Sustainability is bet you or umanagement policy."



Watanabe recognizes that economic growth must be coordinated with the needs of our planet and society in mind. Innovative technology is the biggest key to achieving development that is balanced between economic growth and the environment. "Watanabe says. "We are inspired by a core value of our company's management philosophy, The Toyotav Way, it promotes respect for people, a reflection of our faths in human ingenuity. Our long-term plan, Clobal Vision 2020, declares our belief that we can open the frontiers of tomorrow through the energy of people and technology."

Toyota hybrid vehicles have reduced carbon dioxide output by over five million tons



"We try to develop technology that minimizes the negative impact toward people and the environment while maximizing the enjoyment of driving" - Katsuaki Watanabe

ABOVE Katsuaki
Watanabe
envisions a green
road to growth
TOP RICHT. A
Toyota Fuel Cell
Hybrid Velocte
(FCHV) delivered
coutstanding
performance
under cold

In his address to journalists at the Detroit Motor Show, Watanabe said. "Last year, as never before, industry, government and mainstream consumers came to gipp-with the need to address global climate change. I believe we will all remember 2007 as the year that the world responded to a wake-up call too long ignored." Watanabe pointed out that in Yooth as long promoted with at it calls. 'sustainable mobility,' a vision of motor vehicles in accord with the environment "Sustainable mobility recognizes that a wide variety of advanced technologies will be part of our future. But only if these technologies

Sustainable mobility addresses four key areas. First, the whiteles themselvers and advanced technologies. Second, the urban environment, where these new technologies will be used. Third, the need for partnerships between energy and transportation companies along with government and academia to bring new technologies to market. Fourth, the energy challenges surrounding the use of advanced welling.

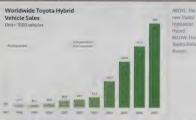


Going the Distance

Toyota's Pydrogen frust-cell Phorid powered vehicle made alandmark ryp from Alaska to Vancouver, making e hugo stride forward or the long distance operation of a hybrid finel: cell system, which has no emissions other than water vapor. Driving 2,300 miles (3,700 mil m) hydrogen alone the Toyota Fuel Cell Hybrid Vehicle (I/CHV) completed the test from Farbanish Alaska to Vancouve Bristish. Columbia in sween dript, wearing more than 800 miles (480 km) between refusitings. The trial performed in the last quarter of 2007 conformed substantial progress in reliability and durability, cold-weather operation and extended range capability of Toyota's hybrid feel cell system. Als well Toyota's hybrid rechnology. Toyota's fuel cell program has been an entirely in rhouse instative. All key components, including the next; generation fuel-cell stack, battery and power management system were soled; developed by "porcia.







With regard to the vehicles themselves, Watanabe also NOx and other noxious emissions. The challenge these. Our R&D team is continuously creating and hydrogen. Hybrid technology is a core technology.

of the causes of climate change. The automaker units. In terms of combating global warming, been to reduce carbon dioxide output by over

Engines of Change

engines and transmissions over the next two diesel engines featuring a new diesel purification

Wood Chips: A Friendlier Biofuel

Biofuel is fuel that's developed from organic material. usually plant matter. Biofuels such as ethanol consumed is no greater than that taken from the atmosphere during the plant's growth. In other words, there is no net increase in carbon dioxide. one of the main gases implicated in global warming.

non-food plant sources such as wood chips. Unlike such as corn, sugarcane and soybeans, cellulosic ethanol is made from inedible plant materials. which will not affect food supply and price.



system called DPNR advanced catalytic converter technology. Toyot alpans to expand and enhance its environmentally-friendly diesel engine range to meet increasing demand. At the Detroit show, Watanabe announced that a new Clean-diesel VB engine would be offered in both the Tundra full-size pickup and the Sequiai full-size SUV. solid in North America, in the near future

The choice of alternatives for the future depends on local conditions. For example, Brazil, with its abundant sugarcane plantations producing raw material for fuel ethanol, is an ideal market for fless-fuel whelice that can run on up to 100% ethanol. Next, year, in North America, select, 2009 tundar models equipped with the 5-7-liner Wavil have flexible fuel capability to run on E85 ethanol. The latest technologies are being incorporated mits opening from the product plans based on Toyota's concept of "the right vehicle, in the right elease at the right time."

Safety and the City

Safety is an important element of sustainable mobility which looks at the urban environment where these new technologies will be used." want Toyota to develop a dream car, a vehicle that cannot injure people, and to help create an urban infrastructure that can keep accidents from happening," says Watanabe. "We have developed a Precrash Safety System, which offers features that include front-end predestrian detection and rear-end whelle detection functions, which could be described as the first safety technologies of their kind!"

Coing beyond vehicle design, Toyota is working with local governments and academic researchers to develop smart infrastructures that will enhance safety and reduce traffic congestion. This intelligent Transport System (ITS) technology uses vehicle-to-vehicle and vehicle-to-infrastructure communication to reduce the burden on drivers and municipate he sick of screduced.

Plug-in, Drive Off

Toyota's Plugsin Hybrid Vehicle (PHV) offers an example of how progress in sustainable mobility can benefit from partnerships in Now 2007, fovota delivered prototype PFVs to the University of California's Berkeley and invine campuses, where researchers will work with industry and state partners to study user response to the technology and recharging, infrastructure needs. Meanwhile, Toyota has teamed up with France's EDF Group, a leading player in the European energy industry, to evaluate.

Plug-in Hybrid: How it Works



ptug-in hybrid vehicles in Europe. Toyota's PHV-s en thergrated into EDF's fleet for testing on public roads in France. EDF and Toyota are developing a system that will facilitate battery charging at a new generation of public charging stations on roads and in ear parks. To maximize the PHV's potential, Toyota has formed a partnership with Mastashita Electric to with Mastashita Electric to

begin developing highperformance lithium-ior battery technology, which offers higher energy and output densities compared to today's conventional nickel metal hydride (NiMH) battery type. ABOVE: Pierre Cadonneix, President and CEO of EDF (L) and Masatami Takimoto, Executive Vice President, Technology, of Toyota (R) with plug-in hybrid road-test model

RIGHT: Whereas a regular hybrid can only charge its battery while driving, a plug-in hybrid can also be charged from an external electric power source, either in the home or on the road



Making Manufacturing Sustainable

"Environmentally-friendly vehicles have to come from environmentallyfriendly plants". Katsuaki Watanabe

oyota is integrating its vehicle-production plants with the environment—by applying innovative technologies to "make more with less," using renewable energy, planting forests around factories and encouraging interaction with local communities.

Toyota has positioned its Tsutsumi Plant, where the Prius is produced, as a model sustainable plant for other Toyota sites worddwide. The plant has achieved a reduction in CQ immissions, of approximately 50% compared to 1990 levels. Efficient use of resources and installation of a 2,000kW photovoltaic generation system help reduce the environmental footprint. The local ecosystem is improved by planting native tree species in and around the plant. At Toyota's Takaoka Plant, radically re-engineered around the plant. At Toyota's Takaoka Plant, radically re-engineered around the system of the plant and the

By reducing, the size of its plants and the amount of energy used in manufacturing, Toyota aims to slash waste and CO₂ emissions. Toyota Motor Ihaaliand's Ban Pho Plant, which opened in Jan. 2007, was built with the aim of serving as an innovative model plant in the Asia-Pacific region. Its cogeneration system maximizes energy efficiency of conventional power, while its solar panels generate environmentally-friendly electricity. In addition, the plant recycles wastewater, employs water-borne metallic paint at vehicle body painting lines and has contributed in owater to andfill since the benefities of operations.



to generate

plant program

In North America, the Toyota Motor Manufacturing, Mississippi, Inc. (TMMAS) Plant-now under construction—will also serve as a model sustainable plant. In addition to introducing innovative eco-efficient assembly interechnology, IMMMS is also planting, native trees as part of an effort to be in harmony with the environment and local community in Europe, activities will be speakneaded by Toyota Motor Manufacturing Farne S.A.S.

Sustainable plant activities involve people as well as technology. "A key goal in building the ecoconsciousness of our team members in cooperation with the surrounding community," says Watanabe.

Worldwide expansion of Toyota's model plant



Empowering Employees



To keep enhancing sustainability, Toyota's plants seek suggestions from employees. With Toyota's Eco-point System, employees who offer ideas that help to reduce energy and conserve the environment, or who take part in environment-related events (such as beautification activities around the olant), are awarded points and

qualify for awards. The Tsutsumi Plant holds an autumn festival with environmentally-themed events to promote the plant's initiatives among employees, their families, and the local community. As a result, people take greater pride in their work and their workplace.

Nurturing a Sustainable Society

"We want to foster the development of human resources and systems that contribute to sustainability worldwide". Katsuaki Watanabe

e an automaker, it is natural for Toyota to contribute to sustainability through its vehicles and plants. But Toyota is also directly supporting many environmental and social-sustainability initiatives in other areas. A prominent example is the re-greening of thousands of hectares of land that had become deforested deserts in china this afforestation initiative has included the introduction of fruit-tree cultivation to chinques, which is examined in the plant of the contribution of the contribution to chinques.

Toyota has also helped set up a center in China to foster afforestation expertise and disseminate information on greening technology. Applying the expertise gained in China, Toyota is expanding its tree planting activities to an area of the Philippines where logging for fuel and slash-and-burn agricultural methods have caused deforestation. These, it will help establish a renewable forest; harvested specifically for fuel, while encouraging residents to cultivate alternative cash crops like mangues and cocon beans.

"Our greatest desire is for our products to contribute to a better life for people around the world, both directly and indirectly" says Watanabe. "Rather than just trying to do good, we think deeply about how our technologies may be of wider benefit."







ABOVE
Polish volunteers
plant a
community
garden
BELOW LEFT
What was once
desert is now

Inspiring a New Generation

Toyota's contributions to society are diserse and global. Many programs focus on the next generation, involving schoolchildren in educational, and environmental activities. A case in point is the Toyota Schools for Sustainable Development ber Toyota Companies in Poland, the United Kingdom, and the Czech Republic The program mobilizes volunteers and provides grants to schools and focal community groups to identify, plan and carry out focal environmental improvements. In Poland, participants have refurbished playgrounds, created community gradens, conserved historical and cuttural assets, and conducted other projects at some 30 sites. Toyota plans to expand the program throughout Europe in the future.

Taking up the Challenge

With each in the Toysta bornaise more contributions to street any of place and table to the challenge and not be a 10 mg of the major and table to the challenge and not be a 10 mg of the major and table to the place and the best for the major and table to the place and the street place and the major and the m

man-made reservoir supplies 90% of Las Vegas'

water—and it's drying up. The growing Southwest tries to do more while drinking less

BY BRYAN WALSH

HERE IS NO SHORTAGE OF WAYS TO see just how short of water Lake Mead is. You can count the white bathtub rings of mineral deposits on the bedrock walls of the sprawling, 250-sq.-mi. high-water mark-now left nakedly exposed 100 ft. up. You can look at the docks that have been moved repeatedly. chasing the receding lake. Or you can simply read a line graph at the reservoir's visitor center, which tracks the water elevation of Lake Mead since it was created by the construction of the Hoover Dam in 1935. After years of relative stability, starting in 2000 the graph resembles the record of a stock-market crash. The visitor center's chart stops at 2006, but as a park ranger tells me, "It just keeps going down from there."

The worrying question is whether it will ever stop. A major, prolonged drought, combined with rapid population growth in nearby urban areas like Las very day, visit Vegas, has stressed Lake

Mead and the rest of the Colorado River Basin, which provides water to farmers and cities from Colorado to Southern California. Now there are fears that global warming could drastically reduce the Colorado River's flow-even as the Southwest continues to expand. Scientists at the Scripps Institution of Oceanography in La Jolla, Calif., last month chance that Lake Mead could be effectively dry by 2021 if the climate changes as forecast and water use is not curtailed. "I think we're at or beyond the level of water in the Southwest at which civilization can be sustained," says Tim Barnett, a research marine physicist

at Scripps who co-authored the study. The practical effects of climate change are notoriously difficult to predict on the regional level, and many experts criticize the Scripps study for failing to take into



Dried out A prolonged drought—and increasing demand—has left Lake Mead well below capacity

account improved water-management policies that could keep the lake wet well into the future. But it is as clear as those chalky white bathtub rings that Mead and the Colorado River are getting lower, and that could leave the states along the basin-whose populations grew 10% from 2000 to 2006, compared with the U.S. average of 5.6%-high and dry. "We don't think this is a regular drought," says Scott Huntley, a spokesman

for the Southern Nevada Water Authority (SNWA). "Something is going on, Something is happening."

Few urban areas are more vulnerable to those changes than Las Vegas, the dryest big

city in America. Vegas takes 90% of its water from Lake Mead, although Nevada gets by far the smallest share of water among the seven states that border the Colorado-iust 2% of the total. (Each state draws a fixed amount according to a deal hammered out in 1922, when the river was at an unusually high level.) Pat Mulroy, the powerful head of the SNWA, says Las Vegas has worked hard to conserve water, paying residents to replace

thirsty lawns with desert-appropriate landscaping. The city's overall water use has dropped since 2002, even as population and visitor numbers have continued to rise, and Mulrov thinks Las Vegas still has room-and water-to develop smartly, "It's not whether you grow but how you grow," she says,

If the rest of the Southwest can use its water more efficiently, it should be safe for decades. One solution could involve diverting more of the river's water away from agriculture-which claims 85% of the supply-in favor of the region's thirsty cities. That would be challenging politically, but something has to give. Still, while Lake Mead has shrunk to just 52% of capacity, the immense reservoir still contains an incredible 9 trillion gal. (35 trillion cu L) of water. But the dry sky above and the rock all around reinforce the inescapable fact that this land was a desert, is a desert and always will be a desert. When the American explorer I.C. Ives visited the present location of the Hoover Dam in 1857, he declared the land "worthless," adding, "There is nothing there to do but leave." Today's residents are hoping there's another choice.



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Inbox

A Campaign Comeback

HILLARY AND BILL CLINTON MIGHT BE "Ready to Rumble" the Democratic Party right into a loss in November (March 17).

MAILBAG

getter:

Biggest mail

and Texas wins

ring-her second

: 37%

Her plan is to convince the Democratic leadership that Barack Obama is unelectable. But if she fails to get the nomination, she might end up persuading swing voters to support John McCain in the general election. Maybe then she would become part of the Republican strategy team. Paula Rantz, PALO ALTO, CALIF.

KAREN TUMULTY AND DAVID Von Drehle talk about how Hillary is obsessed with winning and has been mounting relentless attacks against Obama. That's the case with any candidate trying to catch up. Didn't enough to knock Obama attack Clinton with the same intensity when she was considered the front runner?

Winning is Obama's goal too. Neither candidate is more innocent than the otherit's just how the game is played. No need to scream bloody murder when Clinton is on the offensive.

Brenda Huang, SAN JOSE, CALIF.

THERE'S A HUGE DIFFERENCE BETWEEN being a fighter and being a leader. During the last Democratic debate, I wondered

what would have happened if Clinton had been President during a critical situation like the Cuban missile crisis. Would we have had nuclear warfare because she

would have tried to show how tough she is? I'd bet Obama would have acted as J.F.K. did. carefully considering his ontions and finding a way for the Soviets to save face and back away, thereby getting the U.S. what it wanted while preventing a nuclear holocaust. Clinton has not shown she understands that the presidency demands leadership above all, not simply a pugnacious personality.

Mary C. Helf, FLOURTOWN, PA.

Locked Up in the Land

ly earned us the contempt of the world [March 17]. We incarcerate a larger percentage of the population than any other nation, and the government puts away harmless souls under the guise of fighting its two "wars" on terror and drugs. It's a tragic irony that freedom is now a mere buzzword in a land once regarded by many as a beacon to the world.

Gordon Wilson, LAGUNA NIGUEL, CALIF.

Of the Free

YOUR DASHBOARD GRAPHIC showing the racial breakdown of inmates reminded me why our prison system has deserved-

'If Nader weren't running this year, I still wouldn't vote for a Democrat. The party should stop complaining about Nader and try to earn my vote.' Don Debelak, MOUNDS VIEW, MINN.



Breaking the Habit

THE WRITERS OF THE WIRE ARE WRONG to advocate jury nullification as civil disobedience in the war on drugs |March 17|. These men say they would acquit any drug defendant, regardless of the evidence, if the crime did not involve violence. Their position undermines the legal systemsociety would collapse if everyone applied this principle for his own social grievance. And it is difficult, if not impossible, to distinguish between "nonviolent" and "violent" drug offenses. The seeds of violence-shattered lives, shattered bodies. broken homes-are sown every time illegal drugs "peacefully" pass from hand to hand. We indeed need a new script for the next act in the war on drugs. But we need people other than The Wire's creators to write it for us.

John Hickey, NEW YORK CITY

WHILE WE APPLAUD THE WRITERS OF THE Wire for recognizing the enormous cost and fundamental inequities of the war on drugs, jury nullification is not a reasonable course of action. Not only would it take de cades to have a real effect, but it is notoriously unreliable. We have found a solution to this problem: paid work, coupled with a drug-free environment and comprehen-

sive support services. Every day in New York City, our Ready, Willing & Able program works with hundreds of former drug offenders, successfully helping them become law-abiding. self-sufficient members

On TIME Mobile. time.com on mobile.time.com

of society. It's a proven formula, in use right now, and it can put an end to the war on drugs once and for all.

George McDonald and Harriet Karr-McDonald. Co-Founders, the Doe Fund, NEW YORK CITY THANK GOODNESS SOMEONE HAD THE FOR-

titude to address this horrific problem now facing our society. Incarcerating drug ususe. Addicts who have served time in prison not only still face the nightmare of try ing to guit but also have a criminal record that multiplies their difficulties if they try to become productive members of society.

We add the terrible handicap of a prison

if it's an election year, he's running The indefatiaable independent campaigns again

Inhox

IN DEFENSE OF THE LAW

The writers of The Wire advocate disobedience [March 17]. I am a former

narcotics detective and LETTER current drug prosecutor OSECUTOR who deals with the likes

and Wallace and the lives of those they touch. Most important, I am a father of four. I agree that we need to change how we deal with our nation's drug problem and its root causes. However, throwing a grenade into the room and slamming the door is will be left to sort out and pick up the pieces. The system they are attempting to derail is the same one that protects the individual liberties of all. Intentionally tampering with the integrity of the legal system is dangerous and irresponsible.

Loren Marc Lampert, Assistant District Attorney, ALEXANDRIA, LA.

record to those who often begin with the disadvantage of lack of education and come from an environment of poverty. If this country would decriminalize drugs and regulate and tax their sale, not only would we eliminate the drug lords' great wealth and the violence they perpetrate. but we could use the tax revenue to create counseling centers.

Patricia Wedemeier, DALLAS

REMOVING PROFITS FROM DRUG TRAFFICKing through decriminalization would be a better solution than jury nullification. Before Prohibition, many of the drugs ruled illegal today were legal. We didn't have the problems then that we do today-no profit motive, no economic engine driving the illegal-drug economy and fewer people being sent to prison.

Lyle La Faver, MIDDLETOWN, CALIF.

Farewell to Arms

I READ THE ARTICLE ABOUT BRETT FAVRE'S retirement from football, then reread it-and read it one more time [March 17]. consin have had a very sad week. We are we wonder what in the world we will do without him. Your article reminded me that I am not alone.

Mary Towne, DELAFIELD, WIS.

THE UNIQUE RELATIONSHIP BETWEEN FAN and Favre goes far beyond the residents of Green Bay-or even the residents of Wisconsin for that matter. In many ways Favre has been America's player. There are Green Bay Packers fans from coast to coast, Why? Because Favre played for the love of the game, and it showed every time he got on the field. That's why he started 275 straight games. That's why he broke so many NFL records this past season. I watched with tears as he said his emotional farewell to football, and I don't consider myself a Cheesehead. I've never even had the pleasure of visiting Lambeau Field. Favre was an amazing and unique player, and he will be missed.

Michelle Drabek, STONE LAKE, WIS.

Energy Gets a Boost

"NOT A WATT TO BE WASTED" ATTRACTED my interest with its idea of using bridge vibrations to generate electricity [March 17]. A far greater source of energy is the ocean's tides. Off the coast of New England, tides rise and fall 8 ft. to 12 ft. twice a day. How

about generating electricity from floating pistons on the ocean? Unlike dams, floating pistons would be friendly to marine life; they would not silt up bays and would be far less expensive to construct. Just north of Maine, in the Bay of Fundy, a moon tide can be soft. If intermittent vibrations on a bridge are being used to generate 20 microwatts to 120 microwatts. why not think bigger?

Robert F. Bourque, NORTH PORT, FLA.

Music Therapy?

IT WAS REMARKABLE THAT THERE WAS so much hoopla over whether the New York Philharmonic's performance in Pyongyang could somehow have a lasting effect on relations between North Korea and the civilized world [March 10]. The Bard declared that what's past is prologue. Not quite four decades ago, the U.S. table-tennis team ping-ponged to Peking, enabling Nixon to play the China card against the Soviets, but that only led to nearly two decades of détente. The only effective way to bring about the end of totalitarian regimes is direct confrontation. The U.S.S.R. fell because Ronald Reagan, Margaret Thatcher and Pope John Paul II confronted that country.

Richard Kade, SUNNYVALE, CALIF.

'There are Green Bay Packers fans from coast to coast. Why? Because Favre played for the love of the game, and it showed every time he got on the field.'

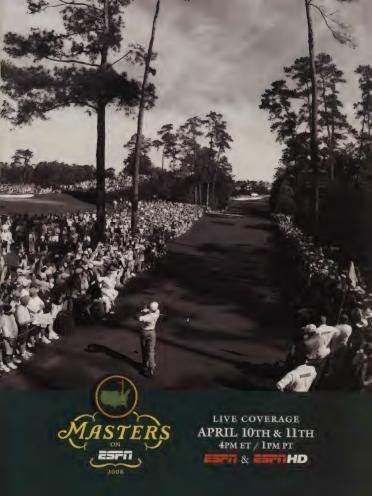
Michelle Drabek, STONE LAKE, WIS.

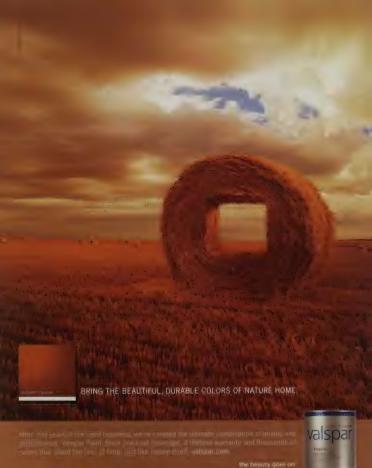




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LOWE'S

Briefing



Hoop Dreams. Each March, the world's most powerful country roots for its underdogs

IT'S HARD FOR AMERICANS to feel like underdogs these days. We seem normal size in our own skins, but to the rest of the world, we've become a nation of supersizing, regime-changing, suv driving Goliaths. This may be why the NCAA men's basketball tournament-where little mutts like geographically confused Cleveland State and it-can't-possibly-have a team Oral Roberts run with purebreds Duke and UCLA-grows in meaning every year. It may also be the gambling, the guilt-free jalapeño-popper

binges or the camaraderie born when three-quarters of the workforce enters a twohour conspiracy to disappear.

But back to the Goliath thing. The Sunday before the tournament begins, all the contenders are ranked from 1 (the awesomest of the awesome) to 16 (the meckers of the meck) in each of four regional groups. Then 16 plays 1 and 15 battles 2 and so forth in a three week single elimination march to the championship. No sporting event is as elegantly constructed or as essentially American. There are the

massing of schools rich and portyate; the opportunity for all to face off neutrally, and the assignment of an indisputable qualitative value. That last element, the seedings, may seem like cruel status reinforcement, but when an upset happens—and upsets always happen—its

March Madness is at its maddest when little schools get one shot at Goliath

magnitude can be assessed with statistical clarity, so that we know just how far the mighty have fallen and how high the mutts have leaped.

The best action in the tournament is concentrated into

schools get whittled down to 16. For basketball fans, there is the orgy of games, with starting times carefully choreographed so that each ends a few minutes apart, allowing cas to show every buzzer beater or near miss. (It's the least the network could expect for the \$6 billion it has ponied up to broadcast the event for just over a decade.) But for secular audiences. those first few days are also when March Madness is at its maddest, when little schools get their one shot at Goliath. Most will miss, but a few will stun the odds and themselves and in their ragged glory remind us of just how satisfying it can be to hold a slingshot. - BY JOSH TYRANGIEL

Briefing



David Paterson replaces Eliot Spitzer as New York governor



NEW YORK CITY



AUSTIN TEXAS Crane crushes home, kills seven Hundreds of acts play South by Southwest music fest

Dashboard

SPYING HAS long been a risky business. but now America's spooks complain that they're facing double jeopardy: a potentially rising tide of lawsuits and criminal proceedings, plus investigations by Congress. To help secret agents who may need the advice of a lawyer, CIA director Michael Hayden this week generously offered CIA timate perk: full reimbursement of legal-liability

insurance. And it

will cover all employ-

ees involved in covert activity, not just those working

in counterterrorism and

counterproliferation. lose A. Rodriguez. former director of the clandestine service, is one policyholder. He'll need the money to deal with the legal consequences of ordering the destruction of videos showing the CIA's interrogation and possible torture of a pair of al-Oaeda suspects. Scores of other spies with their own potential legal problems are also believed to have purchased coverage, but their identities

are not public. Wright & Co. of Arlington, Va., the company that sells most of the insurance, says a basic plan costs about \$300 annually. That pays for up to \$1 million worth of court judgments or settlements. up to \$100,000 for a criminal defense, and as much as \$200,000 for a civil defense or penalties in an adminis-

trative proceeding. Behind the CIA's insurance boom lurks a fear that the number of agency employees who become targets of legal action could multiply with a new President. Candidates Hillary Clinton and Barack Obama have unambiguously opposed torture, while John McCain, a prisoner in Hanoi during the Vietnam War, has sponsored legislation to ban interrogation methods like waterboarding. If Congress holds new hearings, anyone called to testify will need a lawyer. And with more detainees being released and claiming they were tortured, some CIA officers' need for legal counsel-and insurance to cover the cost-is sure to

rise. - BY ADAM ZAGORIN



For investors, gold is a traditional hedge in uncertain times, whenever inflation or geopolitical tensions loom. Little wonder, then, that its price has skyrocketed amid the current market turmoll. A look at some other moments when jitters gave gold a push:





1971 ELECTIONS

Zimbabwe's Democratic Dictator

1975

For the first time since Zimbabwe's independence in 1980, its 84-year-old President, Robert Mugabe, faces real competition in the country's March 29 elections. Largely owing to dissatisfaction over food and fuel shortages, 80% unemployment and 100,500% inflation, the



three opposition candidates-including a former member of his own party-are gaining momentum. RIGGED AGAIN? Mugabe is accused of fixing his last election, in 2005; this time, he has barred U.S. and European monitors and has limited media access amid reports of corrupt voter registration, gerrymandering and threats of violence against the opposition.

1980

Briefing



SHENZHEN. CHINA
Flu outbreak in southern China closes schools and fills hospitals



ATLANTA
Tornado strikes downtown buildings, crowded basketball arena



SECOND AMENDMENT

Ruling on the Right to Bear Arms

The U.S. Supreme Court is hearing a challenge to a Washington, D.C., law that bans almost all forms of gun ownership. It is the first time since 1393 that the Supreme Court will have weighted in on gun control. IN THE CROSSHAIRS WITH No JUSTICES signaling (IN THE CROSSHAIRS WITH No JUSTICES signaling protects a person's rigid to bear arms, the D.C., gun ban may fail. If so, the Proceedings of the Court of

A Troubled Terrorist Watch List

people.) Some legitimate suspects, on the

other hand, were added belatedly or not at all.

In theory, the Terrorist Screening Database should contain only the names of those likely to commit acts of terrorism. But a U.S. Justice Department audit has revealed that for nearly three years, the list—used by airport screeners.

embassy officials and law-enforcement officers alike—nas been compiled using old or inaccurate data.

WANTHAPPERED'T The FIII was slow to clear the names of those no longer suspected.

(The list has ballooned to more than 900,000

The Page

Politics up to the minute Mark Halperin reports from the campaign every day on thepage.time.com



Campaign Insider.

For Hillary Clinton, an economic adviser who has seen it all before



The Veteran Economic policy adviser Gene Sperlina has worked on both Bill and Hillary Clinton's presidential campaians

IT FEELS A BIT LIKE THE OLD DAYS, A BUSH IS IN the White House, the economy is teetering, and a Clinton is claiming to be able to fix it. And as before, Gene Sperling is right in the middle of things.

The famously rumpled, workaholic Sperling rose from Bill Clinton's 1992 campaign war room to become his chief economic-policy adviser, and he now works as one of the most visible advisers to Hillary Clinton's campaign. He trained as a lawyer but developed a passion for economic policy in the wake of the Democrats' 1980 presidential defeat. "I felt the Democrats were not portraving themselves as being both fighters for equity and believers in growth and optimism," Sperling says.

The economy has become far more complicated in the past 16 years. "It's a harder issue now not only because of the temporary housing crisis we're in but because you have a broader sense of economic anxiety," Sperling says. "In 1992, people were worried they were staying in the same place. In 2008, people have a real fear of falling."

Now a married father, Sperling is teased by his wife that advising Clinton is one of "five full-time jobs" he holds, including his work on education in the developing world. (Angelina Jolie is a partner in one project.) But Sperling still makes it home most nights to put his 23-month-old daughter to bed before logging in a few more hours for the campaign. "Sleep does lose out," he admits. "At 49, I don't handle a four-hour-sleep night as well as I did at 32." -- BY KAREN TUMULTY

VEEPSTAKES

Let the Horse Race Begin

With the Republican nomination under his belt, John McCain's next task is vetting possible running mates. There are several laps to go-the vice-presidential candidate probably won't be chosen until this summer-but here's a look at the early odds:



CONDOLEEZZA RICE PRO: The seasoned Sec-

retary of State would be the first black-woman candidate from either party. CONS: Calls herself "mildly pro-choice"; tainted by Iraq mismanagement.

THE LINE: Underdog. With President Bush's low approval ratings, McCain may want a fresh start.



ROB PORTMAN

PRO: Young, fiscally conservative former Office of Management and Budget head from the swing state of Ohio. CON: Nearly invisible national profile

THE LINE: Sleeper. Quiet, competent and base-friendly; an underthe-radar contender.



PRO: Genial, maverick governor of South Carolina with a strong conservative record. CONS: Comes from a safe Republican state: refused earlier to endorse McCain.

THE LINE: Risky bet. That snub in the S.C. primary may have shot his chance at this ticket.



HALEY BARBOUR PRO: Mississippi governor with strong ties to the GOP power grid in D.C. CON: McCain campaign already well-stocked with current and former

THE LINE: Long shot. An influence broker on the ticket could hurt McCain's reformist rep.



PRO: Governor of swing state Minnesota and a longtime ally with proven campaign skills. CONS: Has clashed with conservatives; McCain lost Minnesota caucuses.

THE LINE: Pacesetter. Stood by McCain during his campaign's dark days: rewards may await.



DAVID PETRAEUS

PRO: Embodies the new, more successful Iraq policy, on which McCain has staked his candidacy. CONS: No political experience; military career not yet done.

THE LINE: Dark horse. The general could serve his purpose just by being mentioned on a short list.

GOD-O-METER

lobbyists.

Preacher Troubles

Barack Obama's March 18 speech in Philadelphia was billed as being about "race, politics and unifying our country." But it was also about religion, as Obama was forced to address calls for him to further distance himself from Jeremiah Wright, the incendiary former pastor of his home church. Still, the Illinois Senator demurred. "As imperfect as he may be." Obama said, "he has been like family to me." Obama's attempt to



address the racial issues Wright raised could backfire if opponents hammer away on Obama's refusal to condemn him. If John Kerry suffered for appearing disconnected from his own church, Obama might suffer for being too close to his.

For daily God-o-Meter readings covering all the presidential candidates, visit beliefnet.com



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PAGET, BERMUDA

Bermuda is known for many things, it's a comance island paradise it is an international but to cuttural exchange Plus, it's a great place for golf. And while you've three, usis allow Beach Bermuda, one of the island's linest resorts. With a worldclass span temperature-controlled wimmung pool and an on-site shop offering workeling and knysking equipment. Ellow Beach reams its filter and top of wall be-all Bermuda resort.



A STANDARD OF THE STANDARD OF

LAS VEGAS, NEVADA

Who would've thought this you'd find a guiller's paradise in the middle of the desert? We're talking about challenging shows the reward the courageous and purish the indecisive. We're talking about Vegas, baby' And you'll find it all at the Wymn Lat Vegas. Vistit is fluxinious spa for a dreep tissue masage. Then relate in the sculptured pook or at the bat. And ther dot sill again enormore.

KAUAI, HAWAII

usili tropic al jungles. Pristine waterfalls. Emeratd mountains. The garden-side eli Asiani via cicole to a romantiri paradire on incentina vi gest algal antire gill of total equation and vedi. Ille just dosent get any better situated on a verdant buff on the rating Khotth Shote the Princeville Resort daziles with superduring, exceptional recreational fracilities and of course, one of the nations (so nate algel course).





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Verbatim

'The Shoah fills us Germans with shame. I bow before the victims. I bow before the survivors and before all those who helped them survive.'

ANGELA MERKEL. German Chancellor, using the Hebrew word for Holocaust in the third speech ever delivered in German to the Israeli parliament



'I saw smoke and bodies'

MOHAMMED KADHEM, witness to a woman's suicide-bomb attack that killed at least 52 people in the Shi'ite holy city of Karbala, Iraq



'The past week has been an incredibly difficult time for Bear Stearns. This transaction represents the best outcome for all of our constituencies.'

ALAN SCHWARTZ, president and CEO of Bear Stearns. which, as part of a federal bailout, was acquired by rival JPMorgan Chase for \$236.2 million-a meager \$2 per share

'I'm so, so happy with this.'

HEATHER MILLS, on a \$48.6 million settlement in her divorce from former Beatle Paul McCartney

'It's a message to Iran that the United States will never leave, even after Bush is gone.'

> WAEL ABOUL LATIF, Iraqi parliamentarian, on Senator John McCain's recent visit to Iraq



'My reaction is, O.K., now since it's over, it has no effect, it's not binding, let's get back to work.'

> KWAME KILPATRICK. mayor of Detroit, on the city council's nonbinding call for his resignation. Text messages surfaced in January that proved the embattled mayor had lied under oath about an affair with his chief of staff

For daily sound bites, visit time.com/quote

es AP. Reuters, IPMntran Chase, AP. New York Times; Detroit Free Pres

MORTGAGES

Number of U.S. mortgage-fraud reports in 2007. Deliberate deception on mortgage applications has cost the banking industry \$1 billion over the past decade

Percentage of properties in foreclosure last year in Florida, the state with the highest rate of mortgage fraud

BASKETRALL

Number of the four top-seeded colleges in the NCAA men's basketball tournament that have at least a 50% graduation success rate among their players, according to a new study. The rate at UNC is 86%, while those at Kansas, UCLA and Memphis are below 46%

million

Projected TV ad sales for this year's tourney

AEROSPACE

Estimated number of hours it will take to fly from London to Sydney on a beyond-theatmosphere space plane being developed by Europe's EADS Astrium



\$315,000

four-passenger craft. The 10,600-mile (17,000 km) journey currently takes more than 21 hours and costs about \$1,000

Percentage of New York residents belonging to labor unions in 2007-the highest of any state

Number of states where union membership declined in 2007

People



Talking with Adam Duritz

The Counting Crows front man talks about the group's new double album, Saturday Nights & Sunday Mornings, hitting stores March 25.

What's the concept behind the album? I had a song called 1492, and it inspired a record about dissolution, which was Saturday Nights. While we were finishing that, I started to think of a companion piece, about what you do with your life once you've wrecked it. That became the Sunday Mornings record.

When you're writing, do you ever think. This would be a great single? Singles are a waste of time. You have no idea what would make a good single. They're bad for us, because the kind of song (executives) want to put on the radio is a misrepresentation of what our records really sound like,

Do you enjoy the relationship you've developed with fans on your blog? I like to be honest. We have arguments online about Justin Timberlake. I thought his first record was fantastic. We had this argument for ages about how uncool that was. And it's like, I can't be uncool-I'm the rock star.

Will you ever change your hair? I don't know. When I was a kid. I spent my life looking in the mirror and thinking. I don't get it-that's not me. The first time I got dreads. I caught my reflection in a window. And it was the first time that I saw me. It was like the first time I wrote a song-I'm defined now.





Religious differences

Aspiring actor and Hasidic Jew ABE KARPEN has quit his role as NATALIE PORTMAN'S husband in the film New York, I Love You under pressure from Hasidic rabbis, whose strict interpretation of Judaism forbids watching movies or TV.

CELEBRITY ROUNDUP

Born. Nahla Ariela, to HALLE **BERRY** and boyfriend Gabriel Aubry

Sentenced, BUSTA RHYMES, to three years' probation for his role in two assaults last year

Settled. Divorce agreement between PAUL MCCARTNEY and HEATHER MILLS, for \$50 million

Teaming up, SHERYL CROW and FLEETWOOD MAC, according to Crow, who said her collaboration with the Hall of Fame band could take place sometime next year

Postponed. A scheduled public auction of MICHAEL JACKSON'S Neverland Ranch, until May 14. Jackson's attorney said the singer hopes to have either sold or refinanced the property by then

Snooping on Spears UCLA Medical Center plans to

fire at least 13 of its workers and has suspended six others after they allegedly peeked at the medical records of BRITNEY SPEARS during the singer's lanuary hospitalization for psychiatric evaluation. This wasn't the first time staffers were caught perusing Spears' records-some were also disciplined in 2005, when her first son was born.



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LUNESTA helps you fall asleep quickly, so take it right before bed. Be sure you have at least eight hours to devote to sleep before becoming active. Until you know how you'll react to LUNESTA, you should not drive or operate machinery. Do not take LUNESTA with alcohol. Call your doctor right away if after taking LUNESTA you walk, drive, cat or engage in other activities while asleep. In rare cases severe allergic reactions can occur. Most sleep medicines carry some risk of dependency. Side effects may include unpleasant taste, headache, drowsiness and dizziness. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088. See important pattent information on the next page.



Please read this summary of information about LUNESTA before you talk to your doctor or start using LUNESTA. It is not meant to take the place of your doctor's instructions. If you have any questions about LUNESTA tablets, be sure to ask your doctor or pharmacist.

LUNESTA is used to treat different types of sleep problems, such as difficulty in failing asteep, difficulty in maintaining sleep during the right, and washe ju to easily in the morning. Most people with insomnia have more than one of these problems. You should take LUNESTA immediately before going to be disease of the risk of falling.

LIMESTA behongs to a group of renderions brown as "hypototics" or simply, steps medicines. There are many different steps medicines available to help people steps better behone as the contraction of the property of the property to the step of the property to the steps of the property to the steps of the step of the steps of the step of the steps of the step of the ste

Cida Etlanta

All medicines have side effects. The most common side effects of sleep medicines are:

- Drowsiness
- Dizziness
 Lightheadedness
- Difficulty with coordination

Step medicines can make you steey during the day, How drown you feel depend supon how year body reacts to the medicine, which step medicine you are taken, and how large a does you notice has prescribed. Dupline drowiness is heat avoided by taking the lowest does possible that will still help you shep all night to four doctor with a consoler that will not find the dose of LUIRESTA that is best for you. Some people that will not not be supposed to the consoler than the control of the consoler than the consoler th

- When you first start taking LUNESTA or any other sleep medicine, until you know whether the medicine will stall have some effect on you the next day, use extreme care while doing anything that requires complete alertness, such as driving a car, operating
- Do not drink alcohol when you are taking LUNESTA or any sleep medicine. Alcohol can increase the side
- effects of LUNESTA or any other sleep medicine.
 Do not take any other medicines without asking your doctor first. This includes medicines you can buy
- without a prescription. Some medicines can cause drowsiness and are best avoided while taking LUNESTA.

 Always take the exact dose of LUNESTA prescribed by your doctor. Never change your dose without talking to your doctor first.

Special Concerns

There are some special problems that may occur while taking sleep medicines.

Memory Problems

Skap medicines may clause a special type of memory loss or "memosia." When this cours: a person may not remember what has happened for several hours after taking the medicine. This is usually not a problem since most people fall saless after taking the medicine. Memory loss can be a problem, however, when leger medicines are taken when the traveling, could as during an ampliane flight and the person vales up before the effect of the medicine is good. This has been called the effect of the medicine is good. This has been called reported carely. By pallettis taking LUKSTA in clinical studies. In most case, memory problems can be savided in the fallet. you take LUNESTA only when you are able to get a full night of sleep before you need to be active again. Be sure to talk to your doctor if you think you are having memory problems.

Folerance

When sleep medicines are used every night for more than a few weeks, they may lose their effectiveness in helping yeal sleep. This is known as "tolerance." Development of loterance to LUNESTA was not observed in a clinical study of 6 months' duration. Insomma is often transient and interminent and protrogen use of teles predictines operation, not inconserve Software people, though, have chromic sleep medicine. If you seep problems continue, comed your doors, who will determine whether other measures are needed to overcome your telesp problems.

Denendence

Sleep medicines can cause dependence in some people, especially when these medicines are used regularly for longer than a few weeks or at high doses. Dependence is the need to continue taking a medicine because stopping it is unpleasant.

When people develop dependence, stopping the medicine suddenly may cause unpleasant symptoms (see Withdrawa) below). They may find they have to keep taking the medicine either at the prescribed dose or at increasing doses just to avoid withdrawal symptoms.

All people taking sleep mediciones have some risk of becoming dependent on the medicione. However, people who have dependent on alcohol or other drugs in the past may have a higher chance of becoming addicted to sleep medicione. Inhigher chance of becoming addicted to sleep mediciones possibility must be considered before using these medicines for for more than a few weeks. If you have been addictioned alcohol or drugs in the past, it is important to tell your doctor before starting LUMESTA or may sleep medicione.

Withdrawal

Willindiawal symptoms may occur when steen medicines are stoped underlies yet also plan used in a long time. In some cases, these javeritors can occur even if the medicine has been used for may be seed or how in final cases, willindiawal common the seed of t

Another problem that may occur when steep medicines are stopped is known as "rebound incomnia." This means that a person may have more trouble steeping the first few rights after the medicine is otopped than before starting the medicine. If you should experience rebound insomnia, do not get discouraged. This problem usually goes away on its own after 1 or 2 night.

for more than 1 or 2 weeks, do not stop taking it on your own. Always follow your doctor's directions.

Changes In Behavior And Thinking

Some people using sleep medicines have experienced unusual changes in their thinking and/or behavior. These

- More outgoing or aggressive behavior than normal
 - Confusion
 Strange behavior
 - Agitation
 - Hallucinations
 - Worsening of depression
 - Suicidal thoughts

How often these effects occur depends on several factors, such as a person's general health, the use of other medicines, and which sleep medicine is being used. Clinical experience with LUNESTA suggests that it is rarely associated with these behavior changes.

It is also important to realize it is rarely clear whether these behavior changes are caused by the medicine, are caused by an illness, or have occurred on their own. In fact, steep problems that do not improve may be due to illnesses that were present before the medicine was used. If you or your family notice any changes in your behavior, or if you have any unusual or disturbing thoughts, call your doctor immediately.

Pregnancy And Breastfeeding

Steep medicines may cause sedation or other potential effects in the unborn baby when used during the last weeks of pregnancy, Be sure to fell your doctor if you are pregnant, if you are planning to become pregnant, or if you become pregnant while taking LUNEST.

In addition, a very small amount of LUNESTA may be present in breast milk after use of the medication. The effects of very small amounts of LUNESTA on an infant are not known, therefore, as with all other prescription steep medicines, it is recommended that you not take LUNESTA if you are breast-feeding a baby.

Safe Use Of Sleep Medicines

To ensure the safe and effective use of LUNESTA or any other sleep medicine, you should observe the following cautions:

1. LUNESTA is a prescription medicine and should be

- used ONLY as directed by your doctor. Follow your doctor's instructions about how to take, when to take, and how long to take LUNESTA.

 Never use LUNESTA or any other steep medicine for
- Never use LUNESTA or any other sleep medicine for longer than directed by your doctor.
- If you notice any unusual and/or disturbing thoughts or behavior during treatment with LUNESTA or any other sleep medicine, contact your doctor.
- Tell your doctor about any medicines you may be taking, including medicines you may buy without a prescription and herbal preparations. You should also tell your doctor if you drink alcohol. DO NOT use alcohol white taking LUNESTA or any other steep medicine.
- while taking LUNESTA or any other sleep medicine.

 5. Do not take LUNESTA unless you are able fill get 8 or more hours of sleep before you must be active again.
- Do not increase the prescribed dose of LUNESTA or any other sleep medicine unless instructed by your doctor.
- 7. When you first start taking LUNESTA or any other sleep medicine, until you know whether the medicine will still have some effect on you the next day, use extreme care while doing anything that requires complete alertness, such as driving a car, operating
- machinery, or piloting an aircraft.

 8. Be aware that you may have more sleeping problems
- the first night or two after stopping any sleep medicine.

 9. Be sure to tell your doctor if you are pregnant, if you are planning to become pregnant, if you become pregnant, or if you are breastfeeding a baby while taking LUNESTA.
- 10. As with all prescription medicines, never share LUNESTA or any other sleep medicine with anyone else. Always store LUNESTA or any other sleep medicine in the original container and out of reach of children.
- the original container and out of reach of children.
 Be sure to tell your doctor if you suffer from depression.
 LUNESTA works very quickly. You should only take
 - LUNESTA immediately before going to bed.

 For LUNESTA to work best, you should not take it with
 - or immediately after a high-fat, heavy meal.

 Some people, such as older adults (i.e., ages 65 and over) and people with liver disease, should start with the lower dose (1 mg) of LUNESTA. Your doctor may choose to start therapy at 2 mg. In general, adults
- under age 65 should be treated with 2 or 3 mg. 15. Each tablet is a single dose; do not crush or break the tablet.

Note: This summary provides important information about LUNESTA. If you would like more information, ask your doctor or pharmacist to let you read the Prescribing information and then discuss it with him or her.

Rx only



Milestones

MOST RECENTLY SHE was leading life as a grownup, working for an insurance company and making plans to study psychology in grad school. But many remember Vicki Van Meter as the brave sixth-grader beaming from the cockpit of her single-engine Cessna 172-the kid who in

1993 became the youngest girl to fly across the U.S. and,

later across the Atlantic to Scotland. Van Meter. whospent two years in Moldova in the Peace

Corps, suffered from depression and died of an apparently self-inflicted gunshot wound at 26.

THE FILM INDUSTRY IS WELL known for its sharks, which is why it is so striking that director and British Film Institute ex-chairman Anthony Minghella was consistently praised by colleagues for his "sweetness." That quality, along with his gift for the edgy, sweeping story, helped Minghella make

films, including The Talented Mr. Ripley, which earned him an Oscar nomination for writing: Cold Mountain; and 1996's The English Patient, which won nine Academy Awards, among them Best Director for Minghella. The filmmaker. The No. 1 Ladies' Detective Agency in Botswana, died suddenly his neck. Minghella was 54.

- MAS A JOURNALIST INTENT ON capturing the suffering of the Vietnamese during the war. Magnum photographer Philip Jones Griffiths was at first a hard sell in the U.S. Thanks in part to a lucrative shot of lackie Kennedy in Cambodia, he kept working. His now classic 1971 book, Vietnam Inc., with its unprecedented texture and detail, dramatically influenced Americans' perception of the war, Griffiths, who had been in poor health, was 72.
- DURING THE BIKE-RIDING craze of the 1970s, businessman Richard Burke, an avid runner, sensed a market for a





high-quality. American-made bike to compete with then dominant lapanese imports. In 1976 in a red barn in Waterloo. Wis., Burke started Trek with five employees. Trek, the bike on which Lance Armstrong rode to his Tour de France victories, is now the country's largest bikemaker. Burke was 73 and died of complications following heart surgery.

- FOR DAYS THE VIET CONG fired at Lieut, General Robert Haldane and his battalion from within the troops' own lines-then seemed to vanish in open terrain. After scouring the battlefield near Saigon, a soldier stumbled on an elaborately camouflaged trapdoor. Haldane's team had found the now infamous Cu Chi tunnels, a maze that at its peak went on for 155 miles (250 km) and now draws thousands of tourists every year. Haldane, who won a Silver Star for helping wounded GIs amid the sniping, was 83.
- HE MADE MILLIONS IN THE parking-lot industry, but as the unabashedly liberal three-term Senator from Ohio Howard Metzenbaum rarely refrained from tweaking Big Business. A favorite of labor and consumer groups and the original sponsor of the Brady Bill limiting gun purchases, Metzenbaum regularly used his encyclopedic knowledge of Senate rules to block special-interest legislation. Dubbed "Headline Howard"

by colleagues irked by his outspokenness, Metzenbaum explained that to generate discussion, "sometimes you have to be an s.o.b." He was 90.

SCIENCE-FICTION WRITER Arthur C. Clarke's lifelong fascination with the myriad possibilities of space exploration helped ring in the space age. Lured as a boy by sci-fi maga zines and his own homemade telescope, Clarke studied phys



ics before turning to writing full time. Among the advances he foresaw in more than 100 works: space travel, communications satellites and computers. His writing, most famously the futuristic novel 2001: A Space Odvssev, often came back to the theme of humankind gaining enlightenment from contact with alien life. He be lieved E.T.s would send a sign, noting last year, "We have no way of guessing when ... I hope sooner than later." He was go.



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Klein

Obama's Challenge—and Ours. His speech on race was a triumph. How he

"I CAN NO MORE DISONN [THE REV.]
elermial M Vigilyth and Lan my white
grandmother," Barack Ohama said
in the most powerful sentence of his
extraordinary speech about race on
March 18 in Philadelphia. "a woman who
helped raise me, a woman who sacrificed
again and again for me... but a woman
who once confessed her fear of black men
who passed by her on the street, and who
on more than one occasion has uttered
racial or ethnic stereotypes that made
meetinge."

Too often in this campaign, Obama's rhetoric has been gorgeous but abstract, ear candy for the educated. But this simple statement, equating his black surrogate father and his white surrogate mother, was something any fair-minded person could understand: almost every one of us has an uncle or a grandmother good for at least two jaw-droppers every Thanksgiving. Yes, the Senator was comparing apples and freight trains: Wright's hate speech was as public and stereotypes were private, but Obama came to this comparison only after he had unequivocally condemned his pastor for having "a profoundly distorted view of this country."

The rhetorical magle of the speech—what made it extraordinary—was that it was, at once, both unequivocal and healing. There were no weasel words, no Bushian platitudes or Clintonian verb parsing. Obama was unequivo cal in his candor about black anger and white resentment—sentiments

The speech was both unequivocal and healing. There were no weasel words, Bushian platitudes or Clintonian verb-parsing that few mainstream politicians acknowledge (although demagogues of both races have consistently exploited them). And he was unequivocal in his refusal to discown Wright. Cynics and political opponents quickly noted that Obama used a forest of verbiage to camoullage a correction—the fact that he was aware of Wright's views, that he had heard such sermons from the pulpit, after first denying that he had. And that may have been politics as usual. But the speech wasn't.



It was a grand demonstration of the largely unfulfilled promise of Obama's candidacy: the possibility that, given his eloquence and intelligence, he will be able to create a new sense of national unity-not by smoothing over problems but by confronting them candidly and with civility. Unfortunately, that hasn't always been the case. In recent weeks, he has been boggled twice by policy advis ers who have been caught in the act of telling difficult truths-on trade and Iraq-that the candidate himself denied on the campaign trail. Perhaps now, having learned how cathartic truth-telling can be, Obama will summon the courage to tell Pennsylvania audiences that free trade agreements like NAFTA have only a marginal impact on the loss of manufac turing jobs and that it will be impossible to end the war in Iraq in 16 months.

What, if any, impact will the speech have on the campaign? Probably not as much as it should. It was delivered in the morning, to a minuscule television audience. It deserved a full hearing, but most Americans heard it in sound bites and from headlines-and I imagine that for more than a few, the headline will be OBAMA REFUSES TO DISOWN HIS ANTI-AMERICAN PASTOR. This is where inexperience really hurts-not Obama's inexperience but the public's inexperience with him. For many Americans, the Wright flap is the third thing they've learned about Obama. The first two were that he is black and has a "funny" name. All too many voters don't get beyond first impressions, but it's not impossible. In 1992 the first thing most Americans learned about Bill Clinton was

> that he'd been shagging a lounge singer named Gennifer Flowers. The second was that he'd avoided the military draft during Vietnam. But Clinton—a politician as extraordi nary as Obama—managed to sur vive and, intermittently, prosper.

Whether Obama survives now will depend on the most important and overlooked part of his speech—the final section, in which he challenged the public and, especially, the media to stow the sensationalism: "We can play Reverend Wright's sermons on every channel, every day... and make the

only question in this campaign whether or not the American people think that I somehow believe or sympathize with his must do. I can tell you that in the nest election we'll be talking about some other distraction...And nothing will change... Or, at this moment in this election, we can come together and say, Not this time."

And that is the existential challenge of 2008: whether we will have a big election or a small one. Will we have a serious conversation about the enormous problems confronting the country—the wars, the economic crisis, the looming on vironmental cataclysm—or will we allow the same old carnival of swift boats and sound bites? The answer depends on the candidates, of course, and on the media where cynicism too often passes for in sisth. But most of all, it deepends on you.

The Bear Trap

A collapsing Wall Street bank has to be sold off by the Fed. Why we are facing the biggest money crisis since the Depression

BY JUSTIN FOX

T WAS, NO QUESTION, ONE OF THE most dramatic episodes in American financial history. A famously scrappy Wall Street investment bank, Bear Stearns, went from seemingly healthy to dead meat in about five days. Federal Reserve Chairman Ben Bernanke, desperate to avoid a sudden collapse that might cause a full-fledged market panic, invoked a little known 1930s legal provision to engineer a Sunday fire sale of Bear Stearns to banking glant JPMorgan Chase for amere \$2 a share. (Bear's stock price was \$57 a week before, \$271.5 it nearly 2007.)

With Bear shareholders virtually wheed out, half the firm's employees slated to lose their jobs and no golden parachutes offered to the top executives. It wasn't a bailout. But it did take a 530 billion loan from the Fed to seal the deal. This was ruly extraordinary use of the central bank's powers and an indication that the subprime mortgage crisis that erupted last summer hase volved into something bigger and more ominous—possibly the greatest challenge to the American way of financial capitalisms since the Depression.

The immediate market reaction to the deal—and to the three-quarter-point interest-rate cut announced by the Fed two

The chairman Bernanke feared that if Bear went under, the financial markets would unravel

\$19 billion

The decrease in Bear Stearns' market value from January 2007 until JPMorgan Chase agreed to buy the company for \$2 a share. The stock fell 98.3% from its

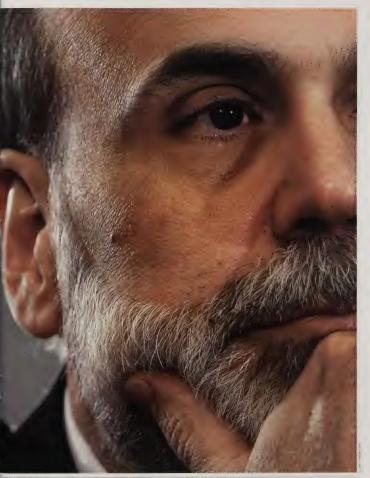
\$171.51 high 5.82% Percentage of U.S.

residential mortgages past due in the fourth quarter of 2007; it was 4.31% in early '05



Number of times the Fed has reduced the benchmark interest rate—now 2.25% since last September





BUSINESS | WALL STREET

days later—was positive. Stocks rose nearly 4%; credit markets calmed a bit; the global financial system lived to fret another day. And fret it surely will, for the troubles that mauled Bear are far from over.

What Went Wrong

THE TROUBLES BEGAN, AS YOU'VE ALBEADY heard at housand times, with the boom earlier this decade in subprime mortgages, unconventional home loans sold to people with dodgy credit or with incomes that just weren't big enough to buy the house through wanted. In what you might call a virtuous circle—except that far more greed that virtuo was at work—lower lending standards helped fuel an unprecedented rise in house prices, and those risings prices meant borrowers could refinance their way out of any trouble they had making payments.

The speculative bubble in housing reached its peak in the summer of 2006. As of last December, house prices were down 10.2% from that peak, according to the S&PCaes-Shiller National Home Price Inc. dex, and are still falling. Defaults are way up, and with the collateral behind even for merly sound home loans losing value by the day defaults will surely keep rising.

This is what you call a bad debt problem. The U.S. bankingsystem had a couple of big bad debt problems in the 1980s (remember 581.8° Latin American debt') and slowly, grindingly, expensively worked lits way through them. But now most mortages aren't sitting on the books of the lenders who made them. Instead they've been chopped up and combined into securities—with values contrived by complex mathematical models—and sold to banks, pension funds and other investors around the world. This securitization was supposed to spread risks more widely and more efficiently.

But a decade and a half of good times in real estate seemed to lull many buyers of this paper into ignoring risk completely. Ever since investors began discovering to their horor early last year that it is in fact possible to lose money on mortgages, the market for mortgage securities has been gripped by distrust and disagreement. That distrust has since spread to other investments previously advertised as virtually risk free: insured bonds, auction-rate municipal bonds and the structured in vestment vehicles (sivs) that banks used to get ugly stuff off their balance sheets.

Nevertheless, all those mortgages that started the problem are still worth something. House prices are headed downward, but they're not headed to zero. What turned a simple price decline into a crisis that killed BearStearns was the way many financial firms (hedge funds and invest-

Alan Greenspan

The king of easy money and little oversight kept the economy greased with low interest rates, but now the former Fed chairman is answerable for having made lending roo available, especially to people who really couldn't afford to borrow.



Angelo Mozilo

Enabling home ownership seems so noble—until lending standards surrender to greed. Under CEO Mozilo, marquee mortgage shop Countrywide helped legitimize the flood of subprime, teaser-rate and no-income-verification loans.



President Bush

Belief in free markets is absolute in the Administration. Regulation of financial firms, a mishmash to begin with, was essentially hands off at a time when megamoney was sloshing around new places, like overleveraged hedge funds.

Blameless Blame Away



BLAME-O-METER

Wheel of Blame

One of the beautiful things about markets is how they link people. But that also makes it tricky to figure out who causes the messes—like when assets turn out to be worth far less than advertised, credit markets seize up and panic ensues, ideology, colors any attempt to point fingers—Does regulation protect people or stiffe innovation? Do companies manipulate consumers, or do individuals make decisions?—but that won't stou or from trying.

sions?—but that won't stop us from trying.
There's plenty of blame to go around.

-BY BARBARA KIVIAT

James Cayne

Traders like Bear Stearns, led by ex-CEO Cayne, loaded their balance sheets with assets of untested value. When forced to calculate true worth, write-downs followed. Wary firms stopped lending to each other, causing a liquidity crunch.





ment banks, especially) generate their profits: by making bets with borrowed money. To borrow that money, they have to put up collateral—for example, mortgage securities. Lately, many firms have been simulianeously beset by bets gone bad and skittish lenders' calling in loans or demanding more collaters.

Several big hedge funds had already been driven out of business by such lender squeezes, starting last summer with two mortgage funds run by Bear Stearns. But Bear itself still turned a small profit in 2007, As late as the first week of March this year, there was no reason to think it was in imminent danger. Then rumes began flying that it was. Lenders refused to lend, clients refused to trade, and suddenly Bear wasou tofmoney. It was a bank run, more or less. And thescary thing was that there is no entirely satisfactory explanation for why it hit Bear. One may emerge as JPMorgan Chase's bean countered sightneys the books, and some have

Wall Street Wizards

Financial engineers sliced, packaged and sold subprimemortgage securities for yleld-hungry investors on the premise—reinforced by yes-men ratings agencies that these were oh-so-safe AAA bonds. Oops.





Home Buyers

You can't lose money in real estate. We fell for that, It may ring heartless to blame home owners facing foreclosure, but people living real estate dreams beyond their means provided dealmakers with plenty of fuel for the fire.



fingered rumor mongering short sellers who stood to gain as the stock dropped, but for now it mainly looks like just a sud den crisis of confidence. Which could conceivably happen to anybody, "It's a good old time panic," says Scott MacDonald.co. author of Separating Pools from Their Money. A History of American Financial Scandals and director of research at Aladdin Capital, a fixed-income investment manager in Stamford, Conn. "We haven't had one in a while."

Can the Fed Fix Things?

THE GREATEST TOWER OF THE FED ISTIMAT it can create dollars at will. It gets those dollars into the economy by buying Treasury securities on the open market. When you hear the Fed is cutting rates, that usually means it's ordering the traders at the Federal Reserve Bank of New York to start buying, and that drives short term Treasury rates down.

Economist Milton Friedman arguedand eventually convinced most of his colleagues-that it was the Fed's failure to keep enough dollars in circulation that made the Great Depression such a great disaster. No Federal Reserve chairman will ever let that happen again, so we probably shouldn't worry too much about bread lines and Hoovervilles in the near future. But the money supply is a blunt instrument, one that comes nowhere near addressing all of today's problems. "The issue is not one of liquidity but one of solvency," says Richard McGuire, a strategist at RBC Capital Markets in London. "It's not the cost of money but the unwillingness of banks to lend to one another owing to uncertainties ... that is the root of the credit crunch." That is, the Fed can drive down interest rates all it wants, but if lenders are charging their clients and one another much higher rates or are refusing to lend at all, you've still got a credit squeeze.

Bernanke, himself an authority on the Depression, has been pushing ever more creative and aggressive means to avoid this, mostly by lending cash or Treasuries in exchange for mortgage securities. The Fed persuaded JPMorgan Chase to buy Bear Stearns in part by agreeing to lend 330 billion against hard to sell mortgage securities on Bear's books.

The general feeling in Washington seems to be that the Bear deal "threads the needle in the right way," as Democratic Senator Charles Schumer put it. But if Fed-arranged fire sales become a regular word, users to will inevitably arise about moral hazard and playing favorites. "They stepped into a vacuum, and I think quite appropriately," former Fed chairman Paul Volcker said on Charlie Rose. 'But is this what you want for the long-standing regulatory support system? My answer is no."

Volcker and many other observers are used in the Indian season of Financial hallout is needed, it's the White House and Congress that must commit the resources. So far, the main movement in that direction is a proposal from Democrats Barney Frank in the House and Chris Dodd in the Senate to toget the Federal Housing Administration to insure new loans for home owners facing foreclosure. But Congress could decide to take over and clean up every troubled.

got bad enough. That would cost trillions, though, and still won't mean much if it's, say, a Swiss bank in big trouble.

There's also the question of revamping the inconsistent patchwork of regulations that enabled much of the madness in securitized mortgages. "It doesn't take long for the investment banks to find a nonregulatory place to fester in the dark," says Wall Street historian and Manhattan College finance professor Charles Geisst.

So Where Does That Leave You?

IF YOU WORK ON WALL STREET OR IN REAL estate, you're already feeling the credit squeeze. The same is true if you have a reset mortgage you can no longer afford or if you just want to sell your house, especially if you live where prices are truly crashing, like San Diego or Miami.

'The best-case scenario is a mild recession and a slow recovery. That's the best outcome we can hope for.'

—KENNETH ROGOFF, HARVARD ECONOMICS PROFESSOR

For the rest of us, though, bad times are still just headlines. Most economists now think we're in a recession, but so far, it's a mildone, with unemployment at 4.8% and nonfinancial corporations still reporting strong profits. Stock prices are down, but not nearly as much as in 2001 and 2002.

Don't get too comfortable. "The best-case scenario is a mild recession and a slow re covery with mildly elevated inflation," says Harvard professor Kenneth Rogoff, a former chief economist at the International Monetary Fund. "That's the best outcome we can hope for at this point." Rogoff is a coauthor, with the University of Maryland's Carmen Reinhart, of a much discussed new paper that surveys the five worst rich-country financial crises since World War II, and he finds alarming parallels to the current U.S. situation. Those crises all much milder than the Great Depression, were worse than anything the U.S. has ex perienced since. In other words, this could get ugly. - WITH REPORTING BY BARBARA KIVIAT/NEW YORK, MICHAEL SCHUMAN/ HONG KONG AND ADAM SMITH/LONDON .

Fox appears on the miniseries Retirement Revolution airing on most PBS stations on March 31 and April 7. Check local listings.

A Voter's Guide to the Economy.

With a recession looming, it's Issue No. 1 for the candidates. What will they do to turn things around?

BY KRISTINA DELL AND ALEXANDRA SILVER

RECORD HOME FORECLOsures and a worsening credit crunch have voters looking for help. The economy is near the top of every campaign agenda. even though none of the candidates have ever bal anced a state budget or run a company. No President can magically fix what ails this economy, but White House policies-on taxing and spending, trade and regulation-will set the stage for recovery. Here's where the candidates stand on five key issues:

DEMOCRAT **Hillary Clinton**



'I would take immediate. comprehensive action to fix the housing crisis.'

Calls for a \$30 billion emergency fund to help states combat the foreclosure mess: gives lenders new incentives to restructure mortgages

DEMOCRAT





'I would enact my mortgage agenda to ensure that families can stay in their homes."

His proposal would give lenders incentives to buy or refinance existing adjustablerate mortgages and convert them to 30-year fixed ones

REPUBLICAN

John McCain



'Eliminate the AMT, which the middle class was never intended to pay.'

McCain wants to end the alternative minimum tax. which hit approximately 4 million taxpayers in 2006, up from 414,000 in 1995

Should the trade pact be modified to add environmental and labor protections?

UNEMPLOYMENT INSURANCE

Payrolls shrank by 63,000 in February. Should the jobless get more time on assistance?

HEDGE FUNDS

As the financial crisis deepens, should hedge funds be more closely regulated?

BUSH TAX CUTS

Should the 2001 and 2003 tax cuts be rolled back for families making more than \$250,000?

MORTGAGE HELP

The government is balling out banks. Should it rescue home owners facing default?

Yes

She says these protections should be enforced just like

Yes

Her stimulus plan would include

No But wants to "reassess our regu-

latory framework" and close a

loophole for offshore tax havens

Would use these funds to offer

new health- and child-care tax credits

Yes Favors a 90-day halt on subprime

Yes

A leaked memo implied his stance was "political maneuvering"; Obama denies the claim

Yes

Would add some part-timers and give a temporary extension to those who have used up eligibility

No

But calls for more transparency

Yes He would instead provide a

families to offset payroll taxes

Yes

Would help people refinance, using a \$10 billion fund from

No Says open markets create

economic opportunity

No

Favors in total overhaul of unemployment insurance instead. using the funds for retraining

No Says existing laws are enough

to improve transparency and

No Wants to make the tax cuts

permanent

Maybe

Would help those who were bilked but not others who can't afford their mortgages



When teens want to get high YOUR PRESCRIPTION IS AVAILABLE FOR PICK UP.

TEENS ARE ABUSING PRESCRIPTION DRUGS THEY FIND AT HOME. HERE'S WHAT THEY ARE DOING—AND HOW PARENTS CAN STOP IT.

It can be medication left over from your last surgery. Maybe they're the pills you keep on the dresser or tucked inside your purse. Teens are finding prescription drugs wherever people they know keep them —and abusing them to get high. In fact, 70 percent of persons age 12 and older who abuse prescription painkillers say they get them from a relative or friend!—leading to several troubling trends:

- . Every day, 2500 kids age 12 to 17 try a painkiller for the first time.
- . Prescription drugs are the drugs of choice for 12 and 13 year olds.
- · Teens abuse prescription drugs more than any illicit street drug except marijuana.

What's also disturbing is they don't realize these drugs can be as dangerous as street drugs. So kids who would never try street drugs might feel safe abusing prescription drugs. Misperceptions about prescription drug abuse have serious consequences. In fact, drug treatment admissions for prescription painkillers increased more than 300 percent from 1995 to 2005. Now that you know prescription drug abuse is a problem, here are ways parents can keep it from affecting their kids' lives:

- · Safeguard all drugs at home. Monitor quantities and control access.
- Set clear rules for teens about all drug use, including not sharing medicine and always following the medical provider's advice and dosages.
- Be a good role model by following the same rules with your own medicines.
- Properly conceal and dispose of old or unused medicines in the trash.
- · Ask friends and family to safeguard their prescription drugs as well.

Following these steps is a start. Let your teen know where you stand. When you talk about drugs and alcohol, include prescription drugs in the conversation. To learn more, visit **THEANTIDRUG.COM** or call **1-800-788-2800**.

- American Academy of Family Physicians
 American Academy of Nurse Practitioners
- American Academy of Nurse Practitioners
 American Academy of Pediatrics
- · American Academy of Physician Assistants
- · American College of Emergency Physicians
- · American Denial Association

- American Medical Association
- American Pharmacists Association
 American Society of Addiction Medicine
- · National Association of School Nurses
- · Partnership tor a Drug Free America

1 2006 National Survey on Drug Use and Health, SAMHSA, September 2007 2 lbid, 3 lbid, 4 lbid, 5 2005 Treatment Episode Data Set, SAMHSA, 2007

Office of National Drug Control Policy

PARENTS.



Why Obama Has a Pastor Problem

The candidate's own critical, questioning road to faith also led him straight to a controversial mentor

BY JAMES CARNEY AND AMY SULLIVAN

ONG BEFORE THE SERMONS OF THE Rev. Jeremiah Wright became in stant hits on YouTube and talkshow fodder for the cable news channels, Barack Ohama knew he had a preacher problem. On the eve of launching his campaign for the White House in February 2007, Obama abruptly withdrew an invitation to Wright to deliver the invocation at his announcement speech in Springfield, Ill. Wright had been Obama's pastor for nearly 20 years. He had brought Obama into the church, helped him find his faith in God, officiated at Obama's wedding and baptized both his children. But Wright had also said a lot of incendiary things from his pulpit about America over the years, things that would be awkward to explain away for a politician hoping to unite the country and become the first African-American President of the United States.

of the United States.
For a year, Obama didn't have to explain his relationship with Wright; he didn't even have to deliver a speech outlining his views on race relations. After all, one of the animating forces behind Obama's cam paign was the notion that he, and we, had somehow transcended the old racial divi sions in America, that he wasn't "the black candidate" for President but a presidential candidate whose race was only part of his much broader a ppeal. Then on March 13, video clips emerged of Wright in earlier sermons, shouting "God damn America" and calling 941 a case of "America's chickens... coming home to roost," It becames





story that threatened to capsize Obama's fronerunning campaign with the speed of a wall Street bankrupter. Obam issued a statement denouncing Wright's comments but soon realized he had to do more. And so he ordered his staff to make arrangements for him togive the speech —the Speech he'd been turning over in his mind for much of his adult life. "There wasn't a discussion," says spokesman Robert Gibbs. "He made a decision." Obama went home to Chicago that right, and after his wife and two daugh the reswer easleep, he started composing.

The speech he delivered at the National Constitution Center in Philadelphia was an artfully reasoned treatise on race and rancor in America, the most memorable speech delivered by any candidate in this campaign and one that has earned Obama

'If you're black and you're trying to get ahead in politics, you're not going to join Trinity.'

-- DWIGHT HOPKINS, UNIVERSITY OF CHICAGO DIVINITY SCHOOL

comparisons to Lincoln, Kennedy and King, But that doesn't mean it will succeed in its more prosaic mission of appealing to voters who have their doubts about Obama and his preacher. It left unanswered a crucial question: What attracted Obama to Wright in the first place?

The Preacher and the Pol

WHEN OBAMA JOINED CHICAGO'S TEINITY United Church of Chisis in 1988, the Afrocentric church and its pastor held particular appeal to a 2 yyear oldson of an African father he barely knew and a white mother from Kansas. Ohama was searching for an dientity and a community, and he found both at Trinity. And he found a spiritual guide in Wright.

Much of white America is unfamiliar with the milieu of the black-church. When clips from Wright's sermons began circulating, many whites heard divisive, angry, unpatriotic pronouncements on race. class and country. Many blacks, on the other hand, heard something more familiar righteous anger about oppression and deliberate hyperbole in laying blame, which



are common in sermons delivered in black churches every Sunday. The Rev. Terri Owens, dean of students at the University of Chicago Divinity School, says the black church tradition has its roots in the era of slavery, when African Americans held services under trees, far from their white masters. "Churches have always been the place where black people could speak freely," she is asys. "They were the only institutions they could own and run by themselves."

In his books, Obama says he might not have become a Christian—his mother was a skeptical secularist and his absent father an atheist—if not for the special character of the black church. "Out of necessity, the black church had to minister to the whole person. Out of necessity, the black church rarely had the blave hyorth rarely had the luxury of

separating individual salvation from collective salvation," he writes in The Audacity of Hope. It also matched his intellectual curiosity. "Perhaps it was out of this ... grounding of faith in struggle that the his torically black church offered me a second insight: that faith doesn't mean that you don't have doubts."

That desire for a more challenging faith helps explain the appeal of Trinity, despite its potential for controversy. The church, which has ministered to poor South Side families and Oprah Winfrey alike, isn't fringe, but neither is it a likely home for someone plotting a political career in Chicago, "If you're black and you're trying to get ahead in politics, you're not going to join Trinity," says Dwight Hopkins, a Trinity member who is also a professor at U. of C.'s Divinity School. "Not because it's radical-it isn't radical in its context. But it would be safer to join a North Side ecumenical church—the sort of place where people are quiet. They stand up, sit down, listen and leave."

As Obama's political career blossomed, he could have quietly left Trinity for one of those more staid black churches, but he chose to stay. In his speech, he said he disagreed with Wright strongly, and yet he didn't leave the church (or even criticize his pastor until Wright's sermons became a campaign issue). He didn't explain why he stayed, but by trying to show black and white resentment as the backdrop for Wright's comments, Obama suggested that his response to controversy isn't to walk out of the room but to try to understand what's fueling the fire. He also drew a distinction between political advice and spiritual guidance, arguing that many Americans know what it's like to disagree with something their pastor or priest or rabbi says.

By asking voters to understand the context of Wright's anger, though, Ohama is counting on voters to accept nuance in an arena that almost always rewards sim plicity over complexity. Politicians tend to offer deliberately banal choices. Either we move forward or we fall backward, either we let the economy falter or we help it grow, either we succumb to our enemies or we defeat them—the choice is up to you. America! Ohama's formulation was different. Explicitly sking Americans tograpple with racial divisions and then transcend them—that's bolder, riskier request.

After he delivered his speech, Ohama found his wife Michelle backstage. She was weeping. He shared a quiet, emotional moment with her. Then Ohama was all business again. "What's next?" he asked, as if anyone knew the answer.—with REPORTING BY JAY NEWTON-SMALL/WASHINGTON AND LORI RESES/CHICAGO.





What Did the Reverend Say?

The sermons of the Rev. Jeromlah Wright (above) at the Trinity United Church of Christ in Chicago have produced some provocative sound bites:

About 9.74. "We bombed Hirochima, we bombed Nagusaki, and we muked far more than the thousands in New York and the Pentagon, and we never buted on pey. We have supported state terrorism against the Palestinians and back South African, and mou we are indignant because the stuff we have done overseast is mow brought right back to our own front yards. America's chickens are coming home to roost." 5ept. 16. 2001.

About patriotism and race "The

government ... wants us to sing God Bless America. No, no, no. God damn America; that's in the Bible, for killing innocent people. God damn America for treating our citizens as less than human." 2003

About the Clintons "Hillary is married to Bill, and Bill has been good to us. No, he ain't! Bill did us, just like he did Monica Lewinsky. He was riding dirty." Jan. 13, 2008

About the U.S. "The United States of White America." July 22, 2007

The Iraq war has spelled the end for muscular moralism in U.S. foreign policy. Here's what should replace it

Five Years in Iraq
For a brief history
of the war including
podcasts, photos
and graphics visit
time.com/iraq

WHEN AMERICA INVADED IRAO FIVE years ago, most of the people who set American foreign policy believed two things. First, they believed that the U.S. military could not lose; From Panama to Kosovo, the Gulf War to Afghanistan, America had been on a wartime winning streak since the late 1980s. Our defeat in Vietnam seemed about as relevant as the

War of 1812. Second, the policy makers believed that people in Iraq wanted us to win. Hadn't the Poles and Czechs celebrated when we defeated the Soviets? Hadn't Afghans cheered the overthrow of the Taliban? Switiling in the air in the spring of 2003 was an intoxicating blend of militarism and moralism. Our troops would destroy Saddam, and Iraqi gratitude would take care of the rest.

Five years later, that combination has blown apart, John McCain is open to bombing Iran, but he doesn't claim the Iranians will thank us for it. Barack Obama wants to restore America's good name, but not with the Sand Airborne. For

with the sand Altroome. For the most part, militarists and moralists now occupy separate camps. In the coming years, America will try to export its values and may well use military force. But it won't try to do both at the same time.

In many ways, this is what happened after Vietnam. Underlying that war were the beliefs that the communists in North Vietnam couldn't withstand our military

Militarists and moralists now occupy separate camps. America will still try to export its values, and it may well use military force. But it won't try to do both at the same time

might and that the noncommunists in South Vietnam wanted to be saved. The war shattered both assumptions. On the left, Jimmy Carter responded by making human rights the centerpiece of his for eign policy: America would stand up for liberty—but not militarily. Conservatives insisted that had we used more military force in Vietnam, we would have won.



But as the world turned increasingly anti-American, they abandoned the conceit that when we took up arms, other nations would cheer.

This gult between moralism and militarism narrowed in the 190s and 190s. Under Ronald Reagan, conservatives grew more optimistic about exporting American values as they saw democracy spread in the Third World. And under Bill Clinton, liberals became more warlike, backing humanitarian interventions in Haiti, Bosnia and Kosovo.

Today, however, it's the '70s all over again. Republicans still assume that force—or a least the credible threat of it—is all that regimes like Iran's understand. But you don't hear many conservatives echoing the grand Wilsonianism of Bush's Second Inaugural, in which he

claimed that "America's vital interests and our deepest beliefs are now one." The fastest growing species on the foreign policy right is what National Revieweditor Rich Loury call s'to bell with them" hawks: conservatives who don't care how non-Americans run their societies as long as they don't threaten us in the process. Among Democrats, hawkishness is

out of fashion, but humani tarianism remains strong. In a Foreign Affgirs article last summer, Obama argued that many around the world associate Bush's freedom talk with "war, torture and forc ibly imposed regime change." His answer: help freedom's march with money, not arms.

That makes sense. Moralism and military force are both necessary to U.S. for eign policy, but the former shouldn't ride the latter into battle. The U.S. military can help stop ethnic cleansing, as it did in Bosnia and Kosovo, or safeguard the world's oil supplies, as it did in the first Gulf War, but it's not

designed to build democracy. You can't do open-heart surgery with a chainsaw.

Bullding decent, liberal societies requires strengthening parts of the U.S. government that don't carry guns. While our military partos the world, our embassies increasingly cower behind barbed wire, disconnected from the societies they end to understand and help. America doesn't need to abandon the fervor that five years ago helped propel us into a disastrous war; we need to redirect it. Muscular moralism has had its day. The test now is whether we can effectively separate the two—carrying a lig stick for self defense but using less blunt instruments to improve the world.

TIME columnist Beinart is a senior fellow at the Council on Foreign Relations

AN OVERLY CAFFEINATED WORLD DESERVES A SENSIBLY CAFFEINATED WATER.





A Monk's Struggle

As China cracks down in Tibet, the Dalai Lama faces his greatest challenge since going into exile 49 years ago. Can his message of peace bring his people freedom?

BY PICO IYER

PHOTOGRAPHS FOR TIME BY

bn his morning ritual, the Dalai Lama prays before a Buddha statue at his Dharamsala residence





At attention The Indian military protects the Dalai Lama. Armed soldiers salute each time he passes, even on the short walk from his home to the office

the world community," the stab Dalai Lama said as I was traveling across Japan with for which was traveling across Japan with mora week last November, "the world community has a real responsibility to bring China into the mainstream." The whole world stands to gain, he pointed out, from a peaceful and uni fied China—not lesst the or million Tibet ams in China and Chinese-occupied Tibet. "But," he added, "genuine harmony must come from the heart. It cannot come from the hart of a run."

I thought of those measured and for giving words—the Dalai Lama still prays for his "Chinese brothers and sisters" every morning and urges Tibetans to learn Chinese so they can talk with their new rulers, not fight with them-as reports trickled out of Tibet of freedom demonstrations that have led to some of the bloodiest confrontations in the region since similar protests preceded a brutal crackdown in the late 1980s. The violence has left 99 people dead, according to Tibetan exile groups; the Chinese government says 13 "innocents" were killed in the riots. Soon after monks began demonstrating in the Tibetan capital of Lhasa, Chinese forces moved to contain the marchers, but the disturbances spread to other Tibetan cities, and their causes clearly remain unresolved. Working out how best to avoid

further embarrassment as they prepare for the start of the Olympic-torch relay on March 25 will be a tricky challenge for China's rulers. As a diplomat told Time, "They need to get this under control, but to do so without a lot of brutality."

How the crisis unfolds will be determined not just in Beijing but also by the words and actions of a man who protects his people from dar, in his exit home in the northern-India hill station of Dharam-Sala. As a Buddhist monk, the Dalai Lama speake unstintingly on behalf of all people's rights to basic freedoms of speech and thought—though as a Buddhist monk, he lad holds staunchly to the view that violence annever solve a problem deep down.



If the bloodshed gets out of control, he said in recent days, he will step down as political leader—a symbolic act, really, since he would continue to be the head of the Tibet ans and the democracy he has set up in exile already has an elected Prime Minister. In China meanwhile, Tibetans are still iliable to imprisonment for years just for carrying a picture of their exiled leader (who by Tibetan custom) is regarded as the incarnation of a god, the gold of compassion). Some have been shot while walking across the mountains to visit crusins or childred in exile.

Assoon as you start talking to the Dalai Lama, as I have been doing for 33 years, you notice that his favorite adjectives are logical and realistic and the verbs he returns



Civil disobedience Tibetan Buddhist monks and refugees hold a peace march in India on March 8 to mark the anniversary of China's 1959 push into Tibet

to are investigate, analyze and explore. The Buddha was a "scientist," he said the last time I saw him, which means that a true Buddhist should follow the course of reason (recalling, perhaps, that anger most harms the person who feels it). Contact and communication are the methods he always stresses—to this day, he encourages every possibility for dialogue with China and in places even urges Tibetans to study Buddhism under Chinese leaders whom he knows to be exapable.

This determination to be completely empirical-as if he were a doctor of the mind pledged to examine things only as they are, to come up with a clear diagnosis and then to suggest a practical response is one of the things that have made the current Dalai Lama such a startling and tonic figure on the world stage. There are few monks in any tradition who speak so rarely about faith while rejecting anything that has been disproved by scientific inquiry; on his desk at home, he keeps a plastic model of the brain with detachable parts so that he can take it apart, put it together again and see how it works. And there are even fewer political leaders who work from the selfless positions and long-term vision of a monk (and doctor of philosophy). It's easy to forget that the Dalai Lama is by now the most seasoned ruler on the planet, having led his people for 68 years-longer than Queen Elizabeth II, King Bhumibol Adulvadei of Thailand or even Fidel Castro.

This all has deep and wide implications for a world that seems as religiously polarized now as it has ever been. Always stressing that the Buddha's own words should be thrown out if they are shown by scientific.

inquiry to be flawed, the Dalai Lama is the rare religious figure who tells people not togel needlessly confused or distracted by religion ("Even without a religion, we can become ago dhuman being"). No believer in absolute truth—he eagerly seeks out Catholics, neuroscientists, even regular travelers to Tibet who can instruct him he is also the rare Tibetan who will suge gest that old Tibet may have contributed in part to its current predicament, the rare Buddhist to tell foreigners not to take up Buddhism but to study within their own traditions, where their roots are deepest.

As the world prepares for the Olympic Games in Beijing this August-and as Ti betans (and those in other occupied areas across China, like Xiniiang) inevitably use the world's attention to broadcast their suffering-a farmer's son born in a stone and mud house in a 20-home village in one of the world's least materially developed countries has, rather remarkably, become one of the leading spokesmen for a new global vision in which we look past divisions of nation, race and religion and try to address our shared problems at the source. Acts of terrorism, he said when I saw him in November, usually arise from some cause deep in the past and will not go away until the root problem is addressed. He could as easily have been talking about the demonstrations of discontent being staged in his homeland nearly a half-century since he saw it last.

The Scientist

I HAVE BEEN VISITING THE DALAI LAMA IN Dharamsala regularly since 1974 and have been listening to him speak to psycholo-

WORLD | DALAI LAMA

Culture Clash

These images show how Chinese money and influence are transforming everyday life in Tibet's capital city of Lhasa

Photographs by Kadir van Lohuizen-Noor



Lhasa's newest cultural centers A monk passes a newly built shopping center near the historic Potala Palace, emblematic of the growing influence of Chinese commerce in the heart of the

Tibetan capital



gists, non Buddhist priests and philosophers—from Harvard to Hiroshima and Zurich to Malibu—since 1970. I'm not a Buddhist myself, only a typically skeption Journalist whose father, a professional philosopher, happened to meet the Dalai Lama in 1960, the yearafter he went intoxile But having spent time watching wars and revotrut. I've grown intrigued by the quietly revolutionary ideas that the Dalai Lama has put into play. China and Tiblet will long be geographic neighbors, he implies, so for Tibetans to think of the Chinese as their enemies—or vice versa—is to say they will long be surrounded by enemies. Better by far to expunge the notion of "enmities" that the mind has created.

Among fellow Buddhists, the Dalai Lama delivers complex, analytical talks and wrestles with doctrinal issues within a philosophy that can be just as divided as anything in Christianity or Islam, but he has decided after analytical research that when he finds himself out in the wider world talking to large audiences of people with no interest in Buddhism, the most practical course is just to offer, as a doctor would, simple, everyday principles that anyone, regardless of religion (or lack of same), might find helpful. Since material wealth cannot help us if we're heartbroken, he often says, and yet those who are strong within can survive even material hardship (as many monks in Thee have had tragic occasion to prove), it makes more sense to concentrate on our inner, not our outer, resources. We in the privileged world spend so much time strengthening and working on our bodies, perhaps we could also use some time training what lies beneath them, at

Adapted from The Open Road, by Pico Iyer. © 2008 by Pico Iyer. Published by Knopf



The world at their fingertips

A plethora of Internet cafés are now open at all hours in Lhasa. Tibet's youth flock to the hot spots to play video games, chat with friends-and aet instant access to the rest of the alobe

The Vegas of the East A Tibetan singer performs at one of Lhasa's many nightclubs. Dozens of dance halls and brothels have cluttered the streets as

tourists and migrants

flood the city



the source of our well-being; the mind. His own people, inevitably, have not always been able to live according to these lucid precepts, and if you walk along the crowded, gritty streets of Dharamsala, you find as many Tibetans looking to the West for salvation as you find Westerners looking to Tibet. Melancholy signs in the Tibetan government-in-exile compound say TIBETAN TORTURE SURVIVORS' PROGRAM and voice of TIBET (VOICE FOR THE VOICELESS), and many young Tibetans feel they have spent all their lives dreaming of a country they've never seen. In Tibet, meanwhile, I remember-visiting in 1990, when the shadow of martial law hung over the capital-seeing soldiers on the rooftops of the low buildings around the central Jokhang Temple and tanks stationed just outside the city limits.

Yet the larger sense of identity being proposed by the Dalai Lama-and many others from every tradition-has special relevance today because, as the Tibetan leader likes to say, we are living in a "new reality" in which "the concept of 'we' and 'they' is gone." And if the terrorist attacks and wars of the new millennium have made some people on every continent wary and skeptical of religion, they have





Eve on Tibet To see more images from

James Nachtwey's visit with the Dalai Lama, go to time.com/dalailama

For more of Kadir van Lohuizen's images of the restive region in flux, go to time.com/tibet

TIME March 31, 2008

also made them ache, more palpably than ever, for precisely the sense of moral guidance and solace that religions traditionally provide.

Exile and Opportunity

WHAT COULD BE CALLED A GLOBAL MOVEment on behalf of post-identity thinking seems one of the brightest hopes of our new world order and one often advanced by such close friends and admirers of the Tutu. Yet what has made the Dalai Lama's example particularly striking-and what was perhaps partly responsible for his receiving the 1989 Nobel Prize for Peace-is that he has had to live these principles and put them to the test during almost every hour of his 72 years. He came to the throne

more closely than many journalists do and cheerfully confessed to me more than a decade ago that he is "addicted" to the BBC World Service broadcast every morning. When he speaks around the world, one of his favorite lines is "Dream-nothing!" or some other expression to stress that in stead of looking outside ourselves for help or inspiration, we should act right now because "responsibility for our future lies on our own shoulders."

This makes for a novel way of practicing the art of politics-one inspired, you could say, by the prince called the Buddha more than by the one described by Machiavelli. The central principle of Buddhism is the idea of interdependence-the notion that all sentient beings are linked together in a network that was classically known as Dalai Lama has decided that exile is his reality and therefore should be taken as on portunity. Almost as soon as he left Tibet in 1959, he started to draw up a new democratic constitution for Tibetans, allowing Lama. He threw out much that he regarded as outdated or needlessly ritualistic in the Tibetan system while gradually bringing to study for doctoral degrees and become abbots (which they could not do in old Tibet) and science is part of the monastic curriculum. Tibetan children in exile take their lessons in Tibetan until they are 10 or so-to make sure they are strongly rooted in their own tradition-and then in English ever after (so as to be connected to the modern world)

This has made the Tibetan exile community one of the success stories among refugee groups in recent decades. But no less important, perhaps, it has offered a possibility to many others on a planet where there are, by some counts, as many as 33 million official and unofficial refugees. By showing how Tibet can exist internally, in spirit and imagination, even if it is barely visible on the map, the Dalai Lama has been suggesting to Palestinians, Kurds and Uighurs that they can maintain a cultural community even if they have lost their territory. Communities can be linked not by common soil so much as by common ground, a common foundation.



The flame keeper In his private residence, the Dalai Lama tends to a shrine honoring the Buddha. He dismisses Buddhist teachings if disproved by science

in Lhasa, after all, when he was only 4 years old, and he was receiving envoys from F.D.R. with intricate questions about the transportation of military supplies across Tibet during World War II when he was just 7. He was 11 when violent fighting broke out around him in Lhasa, and by the time he was 15-an age when most of us are stumbling through high school-he was the full-time political leader of his people, having to negotiate against Mao Zedong. After he fled Tibet at age 23, when Chinese pressure on Lhasa seemed certain to provoke widespread violence, he had to remake an entire ancient culture in exile.

The result of all this is that he is as rigorous and detailed a realist as you could hope to meet. His life has never allowed him the Indra's Net. Thus, calling Chinese individuals your enemy and Tibetans your friend, the Dalai Lama might suggest, is as crazy as calling your right eve your ally and your left your adversary; you usually need both to function well, and all parts of the world body depend on all other parts. "Before," I heard him say last November, "destruction of your enemy was victory for your side." But in our globalized world, where ecology enforces our sense of mutual dependence, "destruction of your enemy is destruction of yourself."

The other essential idea of Buddhism (more accurately called a science of mind than a religion) is that we can change our world by changing how we choose to look at the world. "There is nothing either good or bad," as Hamlet said, "but thinking makes it so." For most of us, for example, exile means disruption and loss. But the

Challenging China

YET EVEN AS THE DALAI LAMA HAS MANaged to make all these breakthroughs in the exile world, in Tibet itself he has made little visible progress over the past 50 years. Every Tibetan I've met remains immovably devoted to him. And yet, as he said to me 12 years ago, "in spite of my open approach of maximum concessions. the Chinese position becomes even harder and harder." The violence that broke out recently was a harrowing reminder of the fact that 98% of Tibetans have no access to their leader and are denied the most basic of freedoms. And in return for talking of interdependence and the need to stop even thinking in terms of enemies, the Dalai Lama is known in Beijing as a "splittist" and the "enemy of the Tibetan people."

Indeed, his very determination to speak for openness and a long-term vision has sometimes brought him critics on every side. Some conservative Tibetan clerics believe he has been too radical in jettisoning old Tibetan customs, while some Western Buddhists, graduates of the revolutions of the '60s, wish he did not speak out against divorce or sexual license. True to his BudLiving with Bipolar Disorder Takes Understanding:

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- Abnormal or uncontrollable facial movements may be signs of tardive dyskinesia (TD), which may be permanent
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 with modicines like ARILIEV in some cases these were sorous and resulted in come or death
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Who should not take ABILIFY?

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What important information should I know about

Elderin patients, diagnosed with psychosis as a result of dementia (for example, an inability to perform daily activities as a result of increased memory (loss), and who are treated with atypical antipsychotic medicines including ABILEF, are at an increased risk of death when compared to patients who are treated with a placebo (sugar pill). ABILIFY is not approved for the treatment of patients with dementar-related psychosis.

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Neuroleptic malignant syndrome (NMS): Very high fever, rigid muscles, shaking, confusion, sweating, or increased heart rate and blood pressure may be signs of NMS, a rare but serious side effect that could be fatal.

Tardive dyskinesia (TD): Abnormal or uncontrollable facial movements may be signs of a serious condition known as TD, which may be permanent.

High blood sugar and diabetes Patents with diabetes and those having rate factors for diabetes (for example, obesity, family history of diabetes), as well as those with symptoms such as unexpected increases in thirst, unriablo, or hunger should have their blood sugar levels checked before and during treatment increases in blood sugar levels checked before and during treatment increases in blood sugar levels (hypertypicmal), is some cases serious and associated with coma or death, have been reported in patients busing ABLIFF, and medicines kile it.

Orthostatic hypotension: Lightheadedness or faintness caused by a sudden change in heart rate and blood pressure when rising too quickly from a sitting or lying position (orthostatic hypotension) has been reported with ABILIFY.

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Whether you're taking any other prescription or nonprescription

- Whether you're taking any other prescription or nonprescription
 (over-the-counter) medicines
- . Whether you're pregnant, plan to become pregnant, or are breast-feeding
- If you or anyone in your family has had seizures
 If you or anyone in your family has had high blood sugar or diabetes
- What should I avoid when taking ABILIFY?
- Avoid overheating and dehydration
 Avoid driving or operating hazardous machinery until you know
- how ABILIFY affects you • Avoid drinking alcohol
- . Avoid breast-feeding an infant

What are the common side effects of ABILIFY? Common side effects include: nausea, vomiting, constipation, headache, dizziness,

an inner sense of restlessness or need to move (akathisia), anxiety, and insomnia.

What percentage of people stopped taking ABILIFY due to side effects? In clinical trials, the percentage of people who discontinued taking ABILIFY due to

an crimical trials, title percentage of people wind discomminate taking results to use side effects was similar for patients treated with ABILIFY (11%) and for patients treated with sugar pill (9%).

Can I safely take ABILIFY while I'm taking other medications?

ABILIFY can be taken with most drugs; however, taking ABILIFY with some medicines may require your healthcare professional to adjust the dosage of ABILIFY.

- Some medicines* include:
- ketoconazole (NIZORAL®)
- quinidine (QUINIDEX⁵⁰)
 fluoxetine (PROZAC⁵⁰)
- paroxetine (PAXIL®)
- carbamazepine (TEGRETOL®)
- It is important to tell your healthcare professional about all the medicines you're taking, isst to be sure

General Information:

- . ABILIFY is usually taken once a day, with or without food
- . ABILIFY should be kept out of the reach of children and pets
- . Store ABILIFY Tablets and the Oral Solution at room temperature
- For patients who must limit their sugar intake, be aware that ABILIFY Oral Solution contains sugar
- . For patients who cannot metabolize phenylalanine (those with phenylketonuria
- or PKU), ABILIFY® DISCMELT" contains phenylalanine

 If you have additional questions, talk to your healthcare professional

Find out more about ABILIFY:

Please visit our website at www.abilify.com/bipolardisorder

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dhist precepts, he has not called for Tibetan independence from China for more than 20 years; he seeks only autonomy, whereby China could control Tibetans' defense and foreign affairs so long as Tibetans have sovereignty over everything else. But more and more Tibetans in exile ask how they can sit by and practice nonviolence while their homes and families are be ing wiped out by the Chinese occupation. "Why is he thinking of the future and not the present, the past?" asks an outspoken Tibetan in Dharamsala who once fought with the CIA-trained guerrillas violently resisting the Chinese. "I want freedom in this world, not from this world,"

In July 2006 Chinese authorities intensified what the Dalai Lama calls "demographic aggression" by launching a high-speed that Tibetans understand that for their material well-being, it is of benefit to be part of the Pople's Republic. The only important thing, he pointed out, was how its rulers use the train and whether they deploy it for compassionate purposes or not.

It can almost seem, in considering Tibet, as if two different visions of freedom are colliding. For Buddhists, liberation traditionally means freedom from ignorance and so from the suffering it brings. For Chinese pledged to material devolument, freedom simply means liberation from the past, from religion and from backwardness. According to the Dalai Lama, at the sixth and most recent round of regular talks between Chinese officials and a delegation of Tibetans, the Chinese said, "There is no Tibet issue. Everything institution will disappear. But that does not mean that Tibetan Buddhist culture will cease. No!" Most Tibetans, however, cannot abide the thought of a future with out their traditional leader.

The deeper issue, as the Dalai Lama al ways stresses, is that names and forms are unimportant so long as something more fundamental is sustained. The Buddha's job-and therefore that of his most promi nent contemporary student-was not just to be clear-sighted and compassionate but also to show how compassionate and clear sighted any one of us can be. In that regard, it hardly matters whether the terms Dalai Lama or Buddhism or even Tibet continue to exist. As it is, thanks to the exodus of Tibetans in the past half century, Tibetan culture and Buddhism have become part of the global neighborhood. Whereas there were all of two Tibetan Buddhist centers in the West in 1968, there are now more than 40 in New York City alone. In Taiwan, there are more than 200. More French people call themselves Buddhist than Protes tant or lew.

Perhaps most significant, some of the people most eagerly drawn to Tibetan tradition and Buddhism are, in fact, citizens of China, who have been denied any religious sustenance for more than 50 years. The last time I visited Lhasa, in 2002, I saw more and more Chinese individuals going to the Jokhang Temple at the center of town as pilgrims, seeking out Tibetan lamas for instruction, even trying to learn Tibetan, the same language that is all but banned for Tibetans. When I traveled across la pan with the Dalai Lama last November, I saw dozens of Chinese people clustering around him, sobbing and asking for his blessing and, 30 minutes later, saw another group of Chinese, much more poised and sophisticated, eager to talk to him about

their plans for democracy in the mainland. "If 30 years from now, Tibet is 6 million Tibetans and 10 million Chinese Bud dhists," the Tibetan leader said to me five years ago, "then maybe something will be O.K." As the world looks toward Beijing and its glittering coming-out party this August, and the Chinese government prepares to unveil all the fruits of its recent remarkable economic achievements, op pressed citizens in Tibet and elsewhere will no doubt use the same opportunity in terms of freedom and humanity in the rush for those achievements. The calm scientist in monk robes, however, with his habit of looking at the deeper causes beneath every surface, will surely keep noting that the only revolution that lasts and that can truly help us toward a better world is the one that begins inside.



In the heights From his rooftop, the Dalai Lama looks out on a valley below mountains that separate the Indian subcontinent from Tibet

train linking Lhasa to Beijing and other Chinese cities, thus allowing 6,000 more Han Chinese to flood into the Tibetan capital every day. Lhasa, sometimes known as an "abode of the gods," has turned from the small traditional settlement I first saw in 1985 into an Fastern Las Vegas, with a population of 300,000 (two out of every three of them Chinese). On the main streets alone. by one Western scholar's count, there are 238 dance halls and karaoke parlors and 658 brothels, and the Potala Palace-for centuries a symbol of a culture whose people were ruled by a monk and home to nine Dalai Lamas-is now mockingly surrounded by an amusement park.

Yet the Dalai Lama, true to his thinking, points out that the Beijing-Lhasa train is neither good nor bad. "It is a form of progress, of material development," I heard him say four months ago, adding

in Tibet is very smooth." To which the exiled Tibetans said, "If things are really as good as you say they are, then why don't you let us come and see the reality?"

THE CENTRAL QUESTION SURROUNDING

The Long Road

Cosmic Flock. The solar system is filled with NASA's busy ships—and they're having a very good year

BY DAN CRAY

HUMAN BEINGS HAVE A HABIT OF MAKING traffic wherever they go. Give us a new means of transportation, and pretty soon highways, sea-lanes and airline routes are filled with vehicles. Now add to that deep space.

For all the attention that the shuttle, the spacestation and ther manned space raff get, the real foot soldiers of space explosion have always been the unmanned ships—and right now they're enjoying something of a golden age. The U.S. currently has no fewer than 1: interplanetary probes scattered about the solar system; five are orbiting, roving or approaching

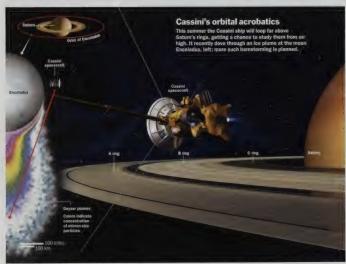
Mars alone, and the others are targeting Mercury, the sun, Saturn and numerous comets or asteroids. One probe is heading for a never before rendezvous with Pluto, a destination it won't reach until 2015.

This spring three of the rugged ships out from the rest. Near Saturn, the Cassini orbiter, launched by the Jet Propulsion Laboratory, just executed a dramatic dive through an icy geyers that reaches 950 miles (1,530 km) into space from the Saturnian moon Enceladus, and there are plans to follow that up with even higherisk maneuvers. In May NASA'S Phoenix

in search of waterice. And later this month NASA and the European Space Agency will retire their Ulysses solar surveyor after a 17-year mission that has reframed our understanding of the sun.

All three missions have thrilled and surprised scientists—who pride them selves on knowing more or less what to expect. "I sit back with my mouth open, watching paradigms shift," says Linda Spilker, Cassini's deputy project scientist.

The orbiter's plume dive was responsible for some of that shifting. Passing just 120 miles (190 km) above the surface of Enceladus, Cassini sampled an icy exhaust



WHAT IF THE NEXT GLOBAL BATTLEGROUND ISN'T ON THE GROUND?



that researchers didn't even know existed until the spacecraft spotted it three years ago. NASA expects to release detailed composition information soon, but the ice hints at subsurface water and the attendant possibility of life. Seven more close brush flybys are in the offing, including one high wire plunge that will drop the spacecraft as cann 15 miles (2g km) above Enceladus' surface. Says [PLS Spilker: "We're going to taste and sniffle everthing."

Before the orbiter attempts that maneuver, it will execute two flybys of the moon Titan, whose opaque orange atmosphere has been increasingly pierced by the spacecraft's radar. And this summer Cassini will make an unusually high orbit above Saturn's massive B ring, promising unique images of the ring, spread like an immense have the rare opportunity to observe the sun cross the plane of the ring from south to north, literally shedding light on the Bring's complex particle structure, "We want to know what a particle would look like if you could pick one up and hold it in your hand," Spilker says, "and we can do that by studying how they heat and cool."

Don't mention cooling to the researchers behind the Phoenix Mars Lander. Their ship will have just six months to sample and study the water ice at the Martian north pole before -200°F (-130°C) winter temperatures hit the region. "We last until the sun goes down. Then we freeze to death," says principal investigator Peter Smith, a planetary scientist at the University of Arizona, Tucson. Before it does. Phoenix Lander will probably of fer a first look at actual Martian water ice rather than the dry water scars of millenniums past. To do that, the lander will use a digging arm and a suite of mineralogy instruments to hunt for salts, clays and other signs that liquid water is manipulating the soil. If Phoenix Lander hits its targets, this will be a big step toward later missions that will search for microscopic organic life. "Pay attention," Smith says, "because it's the polar region. No one's ever been there, and it's going to be fun.'

Less glamorous but more sweeping than

Even as new ships are readied, vintage ones are still in flight. Voyagers 1 and 2, launched in 1977, are on their way out of the solar system

What's Flying Now

NASA's ships are everywhere, from the sun to Saturn and en route to Pluto. The celestial fleet includes:





1. ULYSES
A joint project with
the European Space
Agency, Ulyses has
been studying the
sun for 17 years. It
will ease into retirement on March 30

2. MESSENGER Launched to Mercury in 2004, it will enter orbit in 2011. Data will be prized, since solar gravity makes missions to Mercury hard—and rare



3. PHOENIX

Joining four other U.S. probes orbiting or roving Mars, the ship will land in the Martian north pole in May, becoming the first to sample its ice

4. DAWN EXPRESS Launched last year, it will arrive at the asteroids Ceres in 2011 and Vesta in 2015, searching for clues to the origins of the solar system

5. CASSINI



Orbiting Saturn since 2004, it has studied the planet's rings, landed a probe on one of its moons and flown through an icy geyser from another

6. NEW HORIZONS Now on a history-making nine-year journey to Pluto (it will arrive in 2015). On the way, it has conducted a revealing flyby of Jupiter

the half-year Phoenix mission was the longrunning Ulysess mission, which took the first full measure of the sun's polar regions. If it swirls, floats or remantes near the sun, Ulyses studied it. The spacecraft discovered that the sun's magnetic field determines the regions that produce the solar wind, and ruffled more than a few scientists' feathers when it showed that a hot corona produces the fastest solar winds—exactly the opposite of prevailing theories.

Ulysses also tracked interstellar dust particles all the way from the sun to Earth, and in so doing helped map the planet's magnetic fields. The big surprise came when Ulysses stumbled on the tails of two comets and found that those feathery streams were more than 3 million miles (150 million mile

Smith says simply.

A diminishing power supply means the Ulysses mission ends on March 30, but the textbook rewrites will go on as fresh ships continue to take the place of old ones. The Lunar Reconnaissance Orbiter (LRO). which will launch later this year, will conduct the most comprehensive surveys of the moon the U.S. has ever attempted, using cameras that can spot an object as small as a football. The mission will help scout for landing sites, as NASA is holding fast to its plans to return astronauts to the moon by 2020. LRO will also hunt for signs of water ice on the moon, as well as help study the irregular lunar gravity field, caused by dense concentrations of mass beneath the surface-the geological equivalent of lumps in oatmeal. Most dramatically, it will collect detailed images of all six Apollo landing sites, which have stood unseen for close to 40 years, "LRO's job is to open up the lunar frontier," says lim Garvin, chief scientist at Goddard's Space Flight Center. where the craft is being assembled. "Right now we have a view from the 1970s, and here we are in the 21st century."

More missions to Mars are anticipated. including one that would return soil samples, possibly shedding fresh light on Martian life and allowing NASA to rehearse the round-trip skills that would be necessary for a manned mission. And even as the new ships are readied, some of the great historic ones are still in flight. Voyagers 1 and 2, launched in 1977 on a grand tour of the outer planets, are now on their way out of the solar system, with the last breaths of solar wind at their backs. Remarkably, NASA may be able to stay in touch with them for up to 30 more years-meaning the granddaddy ships could remain online long after some of the newest ones have winked out. As traffic jams go, that's not bad.

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"Asthma medication prices were starting to become a hurdle."

- Jackie Joyner-Kersee Three-time Gold Medalist: Track and Field



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LIVING

Hung Up on Wallpaper. Cutting-edge styles and techniques are giving a dowdy old standby a hip new look

BY ELISABETH SALEMME

LAURA LOVETT HAD ALWAYS ASSOCIATED wallpaper with her grandmother's dated prints, but when she heard that her hip mom was redecorating with contemporary wall coverings. Lovett was in trigued. After 14 years of experimenting

with painting techniques in her home in Summit, N.J., she started poring over books filled with materials like bam boo, sand-embossed patterns and unex pectedly large shapes. Wallpaper, she quickly realized, had changed since her grandmother's time. "I'm looking to make a statement," says Lovett, 49. "And with

Bold and beautiful Large prints like this floral pattern use contrasting colors to make an impact

these funky designs, you can do that with texture and color."

Lovett has caught on to interior designers' latest passion. Photographic murals of nature, distressed leathers and beadencrusted designs are some of the new styles adorning the walls of homes across the U.S. York Wallcoverings, the nation's oldeds and largest manufacturer, has seen a 25% increase in sales of its new line of

the trendiest wallpapers this year. "Ameri-

can designers are rediscovering what the

What's Hot on Trendy Walls



York design director Gina Shaw on the new looks: MURALS

Some are photographs, while others have a handpainted look, but they typically feature nature Shaw says: "It does what a muralist could do, but economically."

ANIMAL PRINTS

Exotic skins like zebra stripes or simple looks like distressed leather provide a neutral backdrop Shaw says: "It has a global feel. People aspire to having in their homes the looks and materials they've seen abroad."



TEXTURES

■ Natural materials like bamboo and sand and synthetics like glass beads are gaining traction Shaw says: "Textures give a tone-on-tone look, so the design appears different depending on how liaht hits the wall."

BOLD PATTERNS

➤ Fussy florals are out. Now it's huge prints of flowers and wildlife Shaw says: "Rooms in homes today often have higher ceilings, so they can carry contemporary large-scale designs."



British have always known—wallpaper is one of the best ways to bring personality into a house," says John Loecke, an interior designer based in Brooklyn, N.Y., who has recently added wallpaper to homes in Louisiana, Iowa and Connecticut.

Wallpaper's popularity has had ebbs and flows. It fell out of favor in the '90s

'I'm looking to make a statement. And with these funky designs, you can do that.'

--- LAURA LOVETT, WHO USES WALLPAPER IN HER HOME when faux-painting techniques were preferred. Now some of the most popular wallpaper designs are inspired by haute couture. "On runways, we see embellishments, beading and crystals, which are all new innovations for wallpaper," says Gina Shaw, York's design director. "Blackand-white is also big in fashion, and that has translated to walls." Lovett has taken a cue from that trend. Six months ago, she put a twist on the traditional by papering her 8-ft. by 10-ft. (2.5 m by 3 m) home office in a large-scale black-and-white toile. Though she will hire professional hangers when she redecorates her kitchen and bathroom, wallpaper isn't as difficult to mount as it once was, adding to its appeal.

"The new, heavier papers have structural integrity, as opposed to older, flimsier kinds," says Jerry Russo, ceo of Roman Decorating Products, which develops adhesives.

And while some patterns can cost up to \$260 a roll, using wallpaper is often a cheaper alternative to masking a wall's imperfections. "It's also a good foil for small spaces," bockes asp. Treating walls and ceilings the same way helps the room feel bigger because the eye doesn't move."
And it can be a cheap chic way of adding interest to a home. Rather than covering every wall, mounting a bold design on one surface is a striking technique. Says Shaw: "It's like having a work of art."

TRAVEL

Where the Hospitality Is Priceless. Short on cash? Online travel networks are helping tourists find a place to sleep free of charge

BY CAROLYN SAYRE

FORGET THE FALLING DOLLAR. All that penny-pinching tourists need to travel the globe is a willingness to try something different and access to a new breed of travel website.

Some of these electronic

bulletin boards, known as hospitality-exchange sites, hook up travelers with locals who don't mind having some one stay in an extra room, crash on an empty couch or even pitch a tent in the yard. Many allow people to take turns hosting one another

in their homes. And others arrange work for temporary room and board. A few charge nominal fees, but most are free. "What used to be a fringe hobby for a few travelers is becoming a mainstream phenomenon," says Daniel Hoffer, co-founder of Couch Surfing.

which has nearly 470,000

users-up 56% since last year. But hospitality exchange isn't just about saving a couple of bucks. Users, who vary in age, say it also gives them a more authentic, outside the guidebook experience, "It distinguishes a tourist from a traveler," says Harold Goldstein of Hospitality Exchange. "Instead of just sightseeing, you participate in the daily life of locals." So rather than pull the plug on that next pricey vacation, check out these cheapand unique-travel options.

Guest Swap

Travelers take turns hosting one another Example: Paris native Laurent Lugand, 48, staye Laurent Lugand, 48, staye Laurent Lugand, 48, staye right Mingodwi wisted France the next year. Experience: Lugand says, "It was a moving experience—we all felt like family. We wonted to ordurn what they had given us."







Work for a Bed Local give tourists a place to stay in exchange for what is typically four or five hours a day of manual above. Example container without Cheryl Brown, 38, picked figs on a farm last year to support her monthlying stay in Eug. Greec. Experience. It would be rowning support her monthlying stay in Eug. Greec. Experience as I would be rowning supplied that there are often usus, of things and earning. It was hard work, but I wouldn't have been able to go otherwise. I didn't seed and money that month, "Where to look: below, not

Couch Surf Site pairs tourists with local hosts who have an empty couch for them to sleep on. Example: Swedish student Morgan Lindquist, as, traveled in the U.S. and Mexico for two months last year, including a stop in Las Vegas, below. Experience: "It was never strange for me to sleep on someone eles's couch. Some are just more comfortable than others." Where of looks couch surfing.com



AND FAMILY . MORGEN I NODE ST CHEEK, HERAN

TIME March 31, 2008

A Village Woman's Legacy
An encounter with the victim of an old scourge gave a
former President a new worldview—and a mission

How You Can Help To learn more about guinea worm disease and other initiatives at The Carter Center, go to cartercenter.org

SOMETIMES IT'S THE QUIETEST VOICE THAT speaks the loudest. The quiet voice I heard in 1988 was that of a young woman from Ghana. The morning my wife Rosalynn and I visited the woman's village of Denchira, near the Ghanaian capital of Accra, she sat timidly on a bench amid her neighbors, who had assembled to greet us. She appeared to be in excruciating pain, and it looked as if she were cradling a baby in her right arm. As I approached, I was shocked to see that she was not holding a baby but her grossly swollen right breast. A guinea worm was emerging from the nipple, causing her a fiery agony as it migrated through her body. Here was the most graphic and disturbing example I had ever seen of the centuriesold guinea worm disease and all its devastating consequences. Although the scourge was preventable, it was ravaging the most neglected villages of Africa and Asia.

I was horrified to find out later that the worm was one of 11 that had thrived in the young woman's body that season. And in that primitive settlement, she was among 200 or so people, out of a population of 500, infected. Villagers of all ages were too weak to walk or permanently scarred and crippled. As a result, a community would go hungry because its farmers were too sick to work the fields.

Encountering those victims firsthand, particularly the teenagers and small children, propelled me and Rosalynn to step up The Carter Center's efforts to eradicate guinea worm disease. The image of the young woman's suffering not only personalized the illness but also forced me to view life for the first time through the eyes of

Villagers of all ages were too weak to walk or permanently scarred and crippled. As a result, a community would go hungry because its farmers were too sick to work the fields

the poor, the powerless and the voiceless and to come to terms with how the quality of their existence affects the world at large. I realized too that I could have done more when I was President to help people in developing countries.

Until that point, I had dealt with global matters in a more macro way. As President, I was primarily interested in peace in the Middle East, normalizing relations

tries, compared with 3.5 million in 1986.

Whenever I spend time in villages like Denchira, I draw from my childhood memories in rural Georgia. I know that when farmers are ill, their families and communities suffer as well. I'm also aware that proper health care is a basic human right, thanks to the superb treatment I received at a clinic in my hometown of Plains and the abiding example of my mother Lillian. A registered



Beating it On a trip to Ghana in 2007, more than 20 years after he began efforts to eradicate quinea worm disease, Carter visited a hospital where n girl was being treated for the painful condition

with China and avoiding war with the Soviet Union. I had often met with a nation's leader without comprehending the daily struggles of its average citizen. Fortunately, this time around. I had both the opportunity and the sensibility to do things differently. Working on behalf of The Carter Center, we persuaded other organizationsincluding the World Health Organization, UNICEF, the Centers for Disease Control and Prevention and the Peace Corps-to join in the fight against the illness. When we started fighting the disease, guinea worm was in 20 African and Asian countries. Today, I'm happy to say, we are tackling the last cases. Fewer than 10,000 people are still afflicted in five African coun-

nurse, she taught me that lesson every time she ministered, free of charge when necessary, to any person, black or white, in the segregated South of my youth.

I never did see that young woman again or find out what happened to her. But the following year when we returned to her village, guinea worm had been nearly eliminated there, through the efforts of The Carter Center, other organizations and the villagers themselves. Having seen her that day in 1988, I came to examine life differently-in a micro way. I now believe that the vitality of one person's life has an impact on the health and harmony of the surrounding world. -AS TOLD TO MICHELLE LODGE



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HEALTH

Why Women Need Better Sleep.

Poor sleep habits make them more

BY ALICE PARK

MOST WOMEN KNOW THAT NOTHING KILLS a good complexion like a bad night's slumber: there's a reason, after all, that it's called beauty sleep. If that's not motivation enough to keep up with your nightly shuteye, here's another: doctors are learning that poor sleep habits may make women more vulnerable than men to heart disease and diabetes.

Are men and women so different physiologically that they react differently to troubled sleep patterns? Or are men protected somehow from the health effects of poor sleep? To find out, Dr. Edward Suarez at Duke University gathered 210 healthy men and women and asked them detailed questions about their sleep habits-including how long it took them to fall asleep, how many hours they had slumbered in the past month, whether they slept through the night and if they felt drowsy during the day. Then he recorded their levels of cholesterol, insulin, glucose, a clotting agent known as fibrinogen, inflammatory proteins that contribute to heart disease, and insulin resistance (the precursor to diabetes). Since emotional factors can affect sleep as well, he also assessed each subject's levels of depression, hostility and anger, using standard psychological questionnaires.

What Suarez uncovered was a consistent association between poor sleep and higher levels of the risk factors for heart disease and diabetes-but only among the women. Men who had trouble falling asleep or reported interrupted sleep did not show higher levels of the risk factors and therefore had reduced chances of developing the illnesses. "I kept trying to disprove the findings," Suarez says. "I put in age, but age did not do anything to destroy the results. I put in race because blacks often report worse sleep than whites, but nothing happened." Smoking and, for women, menstrual status did not eliminate the gender gap either.

The results, published in the journal Brain, Behavior and Immunity, are among the

Just as we teach patients to eat well and exercise. we should be telling them to sleep well.

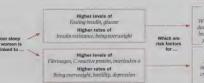
-DR. PHYLLIS ZEE, NORTHWESTERN UNIVERSITY

first to link poor sleep to such a wide array of physiological changes. While he cannot fully explain why men and women are affected differently, Suarez believes that testosterone could play a role. In his study, men reporting the most difficulty sleeping also had the highest levels of testosterone. which is known to reduce levels of heartdamaging inflammatory proteins. So, he speculates, while testosterone may trigger sleep problems, it may also blunt some of the physiological changes that can raise the risk of heart disease and diabetes.

Suarez's study stops short of establishing that a woman can reduce her risk for these conditions just by changing her sleep pattern, but it should galvanize women to pay more attention to the time they spend in bed. "I don't think we have to wait 20, 30 or 40 years to start intervention," says Dr. Phyllis Zee, director of the sleepdisorders center at Northwestern University. "Just as we teach patients to eat well and exercise for their health, we should be telling them to sleep well." In other words, for women, a good night's rest is far more than just beauty sleep.

HOW TOO LITTLE SHUT-EYE CAN

Not sleeping enough, havina trouble fallina asleep or slumbering fitfully can lead to changes in the body that raise a woman's risk of heart disease



When the body fails to break down sugar properly, insulin levels remain high instead of peaking only after meals

HEART DISEASE

Poor sleep puts the body into a form of stress, which creates the ideal conditions for cardiac problems

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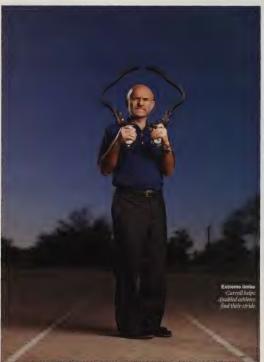
GE salutes the men and women who know that the real blueprint for brilliant innovations is tireless work.

We're proud to present this special section on the innovators who are creating a blueprint for a better world.



Innovators

Building a Better Athlete. If the body is a machine, the best ones need pit crews. Meet the technicians behind the champions



much a setback as a welcome reminder of how far prosthetics technology has come. Vice president of prosthetics for Hanger Prosthetics & Orthotics in Maryland, Carroll has become a go-to guy for disabled athletes who want to take artificial limbs to the extreme not only in competition but also in sports like ice-climbing, rock-climbing and skiing. He has created every thing from prosthetic legs that lock directly into ski bindings. "You have to learn not to say never with these guys," says Carroll, "If you do, they're going

to go out and prove you wrong." Cameron Clapp, who lost both legs and an arm after being hit by a train seven years ago, surfs, golfs, runs, swims and skis, among other things. One of the first doctors Clapp saw after his accident told the family that Clapp would spend 95% of his clapp would 95%

Carroll's ability to harness his clients' drive is pushing the gear for athletes like Clapp and Warren Macdonald, a double-leg amputee who has used Carroll's designs to climb Mount Kilimanjaro and the face of El Capitan, has led mainstream limbs for people who don't use them to ascend ice walls. "We come up with a one-off thing, and we wind up with some phenomenal technology," says Carroll. equally phenomenal mobility. -BY KRISTA MAHR

Kevin Carroll

competing or excelling at sports, thanks to improved spare parts

DESIGNER Perspective can

be everything. In January, when the International Association of Athletics Federations ruled that Oscar Pistorius' artificial legs gave the sprinter an unfair edge in Olympic competition. prosthetics designer Kevin Carroll wasn't surprised. The industry, he says, "knew this was coming. And isn't it wonderful that it's here?"

For Carroll, 49, who has been developing and fitting artificial limbs for more than 25 years, the IAAF's decision was not so



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Isozaku Kubota

BATMAN In the past,

a katana, a Japanese sword. warriors may be long gone, but the samurai spirit lives onparticularly among Japanese Take the Seattle Mariners' All-Star center fielder Ichiro Suzuki. Between games, Ichiro gives his bat the katana treatment: keeping it protected in a sealed aluminum case, After every game, he takes it to his locker and shows his gratitude for its

than 1,500 professional players, including Pete Rose and Hideki Matsui.

Kubota's bats have won such a following because of his innate knowledge of the character of wood. He can discern the weight, pliancy and even the width of the rings of a piece of wood by look, feel or the knocking sound it makes. He can harvest a dozen or so promising blocks out of a thousand he might examineand then transform them,

When making a bat for Ichiro, for example, Kubota shaves it to 31 oz. to 31.75 oz. (880 g to 900 g), taking into account the 0.25 oz. (7 ()) of lacquer that will be added. He places the sweet spot-the point of peak (5 cm to 6 cm) from the top. which is where Ichiro wants it.



service by going through the ritual of cleaning it.

Ichiro's reverence for the bat came to him during a 1992 visit to the wise man of batmaking 64-year-old Isokazu Kubota. manufacturer Mizuno Technics Kubota has made customdesigned wooden bats for more

Kubota's career was when Ichiro tallied his 258th hit of the 2004 season, breaking George Sisler's 84-year-old majorwitness the breaking of a record that was set before I was born." says Kubota. "That might not happen even once in 100 years' time." -BY MICHIKO TOYAMA

league record. "It felt so lucky to



Wouter Jager

BIKESMITH Work stopped at the headquarters of Koga, the high-end-bicycle manufacturer, during the sprint event at the 2004 Athens Olympics. The Netherlands-based company had sponsored star cyclist Theo Bos, and even watching on TV. managing director Wouter Jager. 48, knew his boy was struggling.

"We could see he lost valuable time because of the pedal and frame," recalls Jager, "The last 50 m were unstable." Not all that unstable, to be sure, but enough to cost him the gold medal by milliseconds. Next time around, Jager vowed, Bos. would close that gap.

Koga has been working to make good on that promise ever since. After studying videos of the race. Jager enlisted the



help of the country's National Aerospace Laboratory and TNO. a Dutch research institute, as well as companies that make aerodynamic clothing, bike coatings and wheels. The result? The so-called half-million-euro bike—a blend of science and design that uses carbon technology to increase the frame's stiffness without a

significant increase in weight. Koga claims the frame is 130% stiffer than Bos 'last bike and accounts for the world champion's near perfect record over the past couple of years. The company has tried to pick up speed in other ways too. from altering Bos 'inding position to using compressive clothing that supports his muscles and improves aerodynamics. "Blcycles are still two wheels, a chain and nandlebars," notes Jager on the challenges of innovating a product that has essentially been around for more than 100 years. Still, the company is hoping Bos and his teammates—with prove that even so venerable a contraption can be made new. If all goes well, consumers will be able to purchase a version of the top contract of the company of the compan

Holger Geschwindner

What do physics and jazz have to do with basketball! Plenty, it you really want to win

PHYSICIST Sir Isaac Newton

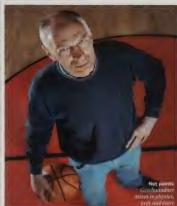
is usually seen as the enemy of athletes. So much of sports. after all, involves battling gravity. But basketball coach Holger Geschwindner, 62, has found a way to turn the laws of physics to his advantage. A former captain of the German national team and a physicist, he has developed a series of formulas that may reveal the optimum arc for jump shots, using a combination of player height, arm length and release point. "Take differential and integral calculus. Make some derivations

and create a curve." he recently said. "Everybody can do it." Maybe not, but Geschwindner can. He developed the formulas 13 years ago in his hometown of Würzburg when he began working with a lanky 16-year-old named I/ris Nowitzki vyted

of Würzburg when he began working with a lanky 16-yearold named Dirk Nowitzki, voted Most Valuable Player of the NBA in 2007. Through their work. Geschwindner found that most players shoot the ball on too flat an arc. "The higher the arc, the better, but you can go too high. The optimum is around 60°." he says.

Geschwindner, an unofficial shooting coach for the Dallas Mawericks. Nowtzki's team, relies on more than physics. He runs a basketball academy in Würzburg that he calls "the institute of Applied Nonsense," and its name captures its unconventional approach. Players spil balt-handling drills with tutorials in opera, literature, fenoing, baltet and jazz.

In the early days, his methods alienated Geschwindner from the basketball community, but then his first crop of players came of age. pupils from Würzburg, a city of 300,000, play with Nowitzki on the German national team. which is sharpshooting its way through the qualification rounds you see what he does, you can't believe it works," says Christoph Bueker of the German Basketball Federation, "But can no longer say it's lunacy." -BY EBEN HARRELL





Laszlo Kiss

Hungary's swimmers are he coming global powerhouses, thanks to the talents of one man POOLMAN Leazlo Kiss was very disappointed when he failed to wan a medal at the 1960 Rome Olympics. The 1996arcol Hungaran swimmer came up empty in the 200-m backstroke, but he got an unexpected consolation prize when U.S. gold medalist Mike Troy-shared some of his training secrets with him. I immediately saw the difference between the way Mike propored and the way Mike propored and the way Mike propored and the way.

we did," says Kiss, now 67.
"They trained more and harder,
and the dry [land] training was
very focused." For Kiss—and
eventually for the world of
swimming—that insight changed
everything.
Three years later, Kiss quit

Three years later. Kiss quit competitive swimming to focus or coaching full time, hoping to develop new ways to build tougher, swifter swimmers. He has not stopped since.

Today Kiss is head of the Hungarian national swimming team, and he is turning his country from a fringe player in competitive swimming into a global force, one that's won aquatic medals at every Summer Olympics since 1988. In the process, Kiss is establishing himself as perhaps the most imaginative coach in the history of the sport.

One of Kiss's first successes came in the mid-1980s with Kiss had long wanted to try speedy crawl stroke into the pokier backstroke, but he never had a swimmer with the right flexibility. He recognized that Egerszegi was the talent he'd been waiting for and began teaching her the moves. That, however, required making minute but crucial changes in her technique-a very big deal in a sport in which fractions of a second count. So Kiss came up with inventive ways to help her learn.

"First we had Krisztina swin in a very narrow lane along the edge of the pool," Kiss says. "Since she had beautiful nails that she didn't want to scrape on the side, she learned to extend her arms as straight as possible in front of her head."

To fine-tune Egerszegi's posture, he developed other exercises like having her exercises like having her swimt the backstoke with a cup of water on her forehead. She ultimately won seven Olympic medals—life of them gold—from 1988 to '9E, Kiss believes her most noteworthy success came in a non-Olympic event in 1991, when she set a 200-m-backstoke world record that was not broken until this year.

Kiss's other champions include Agnes Koiscs and Karoly Gottler, and he's noping for more in Belging this summer. But he work it ske too much credit for all this success. "Swimming is teamwork," he says." When you go to a meet, you see a lot of swimmiers compete, and they all have there work techniques. You come away with ideas every time, but you're not stealing from anyone because it is all a team."—AY JOHN ANDLER

Deon Venter

GENE MAVEN Five years ago,

Deon Venter was an expert in diseases, not sports. As chief pathologist for the Melbournebased company Genetic Technologies, he focused on genetic links to breast cancer and epilepsy. But something happened to change all that.

researchers analyzed a single gene among 429 Australian athletes and found that sprinters and other power performers were far likelier to have a version of the gene that produced high levels of a protein used to help muscles events like long-distance running were more likely to have a version that left them deficient in the protein.

Venter, 51 and a triathlete, took the gene test immediately. "Ouestions I'd mulled over for

literally, in about a minute," he says. He had the version of the gene that produced none of the key power protein. And sure enough, he'd never had great results at the gym, but he says, because he was able to keep his pace in the grueling final miles.

Venter had Genetic Technologies secure the rights to the test, and in 2004 the company launched it commercially. Today, with a cheek, customers around the world can have the relevant gene tested Sure, athletic performance

is about much more than one gene. Venter sees genotyping as simply a tool that can help athletes tailor their strategies to their aptitudes. He knows he nailing his swim technique than by working on the sprint finish. For now, Venter is already planning his next project; a customers sophisticated genetic information about not just sports performance but blood-sugar levels. Eventually, -BY LAURA BLUE





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SMALL BUSINESS

Mud Moguls. How a tiny Israeli company mined the Dead Sea and turned its natural riches into an international skin-care brand

BY CAROLYN SAYRE

ABOUT 20 YEARS AGO, A SPA TECHNICIAN named Ziva Gilad spotted some mud-covered women on the shore of Israel's Dead Sea. Every day she would watch the women, whom she jokingly called ginger bread cookies, douse their skin in the rich mud and let it wash away as they floated on ton of the saltwater. One day after notice

ing a woman bottle up some mud to take home, Gilad had an idea for a company, and in 1988 she helped start a skin-care line that makes its products using the black mud and gray-white salt from the Dead Sea.

The tiny company, Dead Sea Laborato ries, grossed nearly 51 million in its first year, most of it from boutique sales within Israel. Not bad for a 30 person start-up, but Gilad and her partners, members of four



Sand dollars Ahava's beachfront factory

Photographs for TIME by Ilan Mizrahi





Tubs of plenty Plastic barrels, far left, are filled with mud extracted from the Dead Sea Smooth move A technician, left, checks the texture of the rich mud used for body masks

Mudslinger An Ahava employee boxes products to be

sold in 33 countries

Takeout Browsing at Ahava's
gift shop, below, in its factory

The Mud Biz
For more photos of Ahava's
Dead Sea operation, go to





kibbutzim near the shore, wanted more, especially after seeing American tourists take products home in their suitcases. They wanted to make a mark in the U.S. a must win market for any luxury-cosmetics company. After several years of modest success. Ahava broke through in 2000. Its secret? The company found that thriving in the glamorous world of high-end beauty often depends on the not so glamorous business of marketing and distribution.

Dead Sea Laboratories first tried entering the U.S. market in 1992, after the company persuaded buyers at Bloomingdale's and Saks Fifth Avenue to carry its products under the new brand name Ahava, which means love in Hebrew.

means love in Hebrew.
But it would take more marketing—
and more money—to turn Ahava into a
global brand. It got both in 2000, when an
investment company called B. Gaon

Holdings—owned by Israeli mogul Benjamin Gaon—noticed its potential and invested more than sto million. It needed someone from the investament world to give them a push," says Michael Etedgi, the Israeli born cao of Ahava

Ahava's U.S. distributor to get its products into more department stores and persuad ed the company to try new product lines, including one for men, and to spend millions on magazine ads. "Bip brands start in the U.S.," says Etedgi. Ahava products are now sold in 33 countries, generating nearly st50 million a year in sales, and the company has three flagship stores in the U.K., Germany, and Singapore.

Of course, marketing alone isn't enough to compete against L'Oréal and Estée Laude er. Ahava had to stand out. So Gilad and her partners try to re-creat the purifying experience of bathing in the Dead Sea. Unlike the smooth, delicate creams of competitors, Ahava's products—such as the creamy, pale brown "energizing body mud masks' (\$18) and coarse, white "uplifting butter satisf'est2—look and feel like the mud and

salt they're made from. "Each bottle is like a mini-Dead Sea experience,"

Gilad says. "Other companies may have the money and the power, but we have the sea." Ahava is the only cosmetics company with the right to mine the Dead Sea for its mud and salts. (Other companies can buy them from Ahava)

There is a drawback, however, to stressing its Israeli provenance: "Any product that says MADE IN ISRAEL will have some impact on selling in countries like Saudi Arabia and Iran," Etedgi says. That means Ahava may be missing out on the torrid growth of the luxury market in some parts of the Middle East.

In the U.S., the luxury-skin-care market is approaching saturation. The number of skin-care brands sold in department stores has more than doubled over the past to years. "Everyone is in the game," says Karen Grant, a senior beauty analyst for the NPD Group. Ahava hopes that luxury consumers looking for natural products will respond to the company's mineral based product line. "It gives them an edge," Grant says.

Ahava is still a small player in the cosmetics industry, but it has big plans. Disney's investment arm agreed to acquire a 16.9% stake in the company from Gaon; Sex and the City's Kristin Davis signed up as its first celebrity endorsement last fall; and next year in New York City, Ahava plans to build a demonstration pool of concentrated saltwater, in which consumers can slather on mud and float. It's the next best thing to taking a dip in the Dead Sea ourself.

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price of oil," Cannatelli says, chuckling.

There are more superrich than there are superyachts to go around. Damn. "Production capabilities are running be hind demand," says loel Plasco, cro of Collins Stewart, the private banking group that sponsors the London Boat Show. But searcity doesn't burt this industry. The small number of yachts it builds makes it less vulnerable to economic upheaval: manufacturers need only rely on a handful of customers. "It's more difficult for luxury goods makers who have to sell hundreds of thousands of items." Cannatel is says.

Boatbuilding is highly labor-intensive, yet industry's biggest players remain based in Western Europe and the U.S., where workers are well paid. Braithwaite compares it to luxury automobiles. "If you built Rolls Royces in China, you'd never get another sale." The product has to be fantastic." Yachts are still mostly handcrafted, although manufacturers now rely more on new technologies to improve quality and speed production. Sunseeker has a tech center outside Poole where robots help churn out components, ranging from dashboards to furniture.

dashboards to furniture.

Customization rules in yacht building.
Onboard gyms and saunas are common,
and some of the bigger yachts even have
swimming pools. There are also mega
yacht toys such as small helicopters, mini
submarines, diving bells, and tenders that
can accommodate sailboats and speed
boats. Annual running costs—including
maintenance, crews and berthing fees—
tend to be 10% to 20% of the boat's price.

To meet the ord of the old's pixel of the old's pixel of its pending nearly \$30 million this yearpanding the obaydrasd in Poole and near by Portland. Ferretti spent some \$74 million last year upgrading its operations to handle increased production, while dazimut Benetti, another Italian manufacturer. is spending \$323 million over the next two years on its facilities. So go abeato, pixel year years on its facilities. So go abeatoning with the tide, full speed ahead—the yealthmakers have it spoing for them.



Full Speed Ahead. What recession? Why business has never been better for the world's superyacht industry

BY THOMAS K. GROSE/LONDON

BRITISH YACHTMAKER SUNSERKER
Jaunched its biggest boat yet at lad year's
London Boat Show an sy8 million, 121-ft.
(37 m) superyacht. Sofar, it has built three
of them; two are under construction at
its boatyard in Poole. England; and eight
more are on order. That kind of demand
surprised Robert Braithwaite, managing director. "If we had sold five or six by
now, I would be very happy." At this year's
show, the company unwelled two more big
boats, a \$4,8 million 89-footer (27 m) and
a \$14 million 112-footer (14 m)—smaller
than last year's mode but still within the
important supervacht category.

Worldwide credit crunch? Faltering stock markets? Oil at stro a barre? Mere trivialities for the \$25 billion yacht industry. Annual sales over the past five years have grown 10% to 15% and show no signs of tanking, thanks to increasing numbers of wealthy buyers from developing countries. In the fiscal year ending September 2007, Sunseeker's sales jumped 18,5%, to \$473 million. And other yachtmakers are enjoying similar returns. Italy Serretti, for example, saw its production value jump 27% last year, to \$137 billion.

The rising sales tide isn't lifting all boats. Sales of smaller yachts are somewhat adrift. For instance, demand for Sunseeker's \$550,000, 44-ft. (13 m) Superhawk 43 is languishing. "The top end is pulling the industry along," says Ed Slack, editor of International Boat Industry.

Sunseeker built 318 boats last year, but Braithwaite doesn't expect to better that pace five years from now. Why both er? He can keep revenues climbing by building bigger instead. Rapid growth in Asia, the Middle East and Eastern Europe, particularly Russia, is taking up the slack in the U.S. and Western Europe, where sales are softer. "An explosion in the client base" of high-networth individuals is generating sales, says Vincenzo Cannatelli, Ferretti's cso. These aren't people who flinch at high fuel costs. "Manyo four customers are making money from the

Handmade A 121-ft. (37 m) Sunseeker yacht under construction in Poole, England



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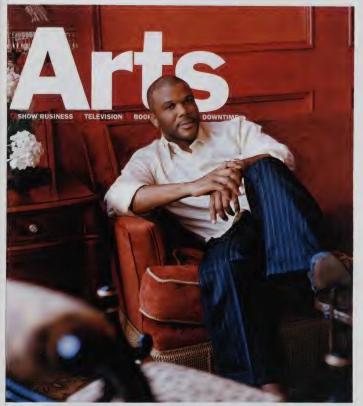




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SHOW BUSINESS

The Modest Mogul.

As studios sneered, Tyler Perry built a media empire

BY RICHARD CORLISS

AFTER THE CURTAIN CALLS FOR HIS 2004 theater piece. Meet the Browns—one of the strange comedy musical-melodramas that have made Tyler Perry a hero to the older black Christian community—the author director came out onstage to talk to his devoted audience. He confided that he'd been

asked to produce a TV comedy series but turned it down because it couldn't he religious. "Did you know you can't say 'lesus' in a sitcom?" he said, to murmurs of disapproval from the faithful. "They told me that, and I was like, You gotta be kiddin' me. If you don't want my God here, you don't want me here either. God has been too good to me togo and try tosel lout toget some money. That's O.K. I will sit in a corner and be broke with the Lord before I will sit there and have them give me millions and sell my soul. It ain't gonna happen."

The battle lines were drawn. Since then, it's been God and Tyler Perry against the Hollywood establishment, which thinks that the films made from his plays are too square or weird to be mainstream and has not invested in them. (His movies are distributed by the indie Lionsgate.) Nor does he get much help from critics, whose reactions to his work range mostly from dismissive to baffled. His wild concoctions of brassy humor and fulsome sentiment seem to them out of fashion without being smartly retro. Perry must figure his critics have their minds made up in advance; he doesn't offer the press early screenings of his movies, including his latest, the film version of Meet the Browns, which opens March 21.

Yet Perry, 38, might just be winning the war. His first play to be turned into a movie, the 2005 Diary of a Mad Black Woman, was made for a paltry \$5.5 million yet earned \$22 million in its opening weekend on the way to a \$50 million gross. A year later, Madea's Family Reunion-in which Perry reprises his signature drag character, Mabel (Madea) Simmons-took in \$30 million in its first three days and eventually grossed \$63 million. Last fall's Why Did I Get Married?, an ensemble drama about a couples' retreat, made \$55 million. And next year he will appear in his first film by someone else: I.I. Abrams' Star Trek prequel, as the head of the Starfleet Academy.

The films are just one arm of a Tyler Perry empire that includes sold out road shows and popular ovos of the plays, the ras sit com House of Payne (Allen Payne stars, but Perry wrote the scripts, which do invoke the Almighty), the best-selling book Don't Make a Black Woman Take Off Her Earnings Madea's Uninhibited Commentaries on Love and Life and on the Internet, The Tyler Perry Show. All of which make him the most successful "unknown" conglomerate in show business. If official culture takes fittle notice of Perry, that's O.K. with him. He can laugh all the way to the altar and the bank.

There's a reason Perry connects with his audience and exasperates almost everyone else. His plays and movies reside in that once essential, now demeaned genre of domestic melodrama in which family life is a bilious combustion of repressed emotions and grudges that explode into confrontation and recrimination and in which most characters are revealed to be cheating, abused or somebody's unknown daughter. That format, which fed decades of Bette Davis and Joan Crawford weepies, still raises its head occasionally—in the mos series Bia Lowe of Broadway's August.



Meet the stars Angela Bassett, from left, Mariana Tolbert, Lance Gross and Rick Fox star in Perry's newest film. Meet the Browns

Osage County. And it's at the soapy, sing genter of most Bollywood films. But it couldn't be less attuned to an American movie culture that wants to appeal to young males. They're looking for horror film screams, not a wounded heart's cries for revenge and release.

That Perry's stuff deals with abrasions between working class and middle class blacks, between the restless young career ists and their sarcastic seniors, would seem to reduce his potential viewership even fur ther. Devout African Americans over 30 are a hard demographic to shoot for. In 2005, Perry said, a Hollywood Pooh Bah told him that "black folk who go to church don't got omovies." Yet from that group he's carved out a strong niche fan base, without much racial crossover. The audience for his first release was 4% white; that percentage is growing slowly but steadily with each film.

There could be one more explanation for the limited if ardent appeal of Perry's films: they're not very good. He casts some prime scene stealers—Cicely Tyson, Janet Jackson, Angela Bassett, Louis Gossett Jr., Jenifer Lewis, Maya Angelou—but rarely

In 2005, Perry said, a Hollywood Pooh-Bah told him that 'black folk who go to church don't go to movies.' draws their best work from them. Most of the actors could wear tags describing their characters: work-obsessed wife, phi landering husband, saucy slut, overweight sweetle, bombastic uncle... and Madea (a conflation of Mother Dear), the wise, wise cracking granny from Heck.

The movies come off like neutrered versions of his strutting, crazily intense stage shows (available on the seven disc nvo set helper Perry: Pite Plagy: These are the source material for almost all his films. Onstage, you can see the author and his cats week not always to be a superior of the naughty characters and its delight at all that vigor. Also, the showsare musicals, and its during the sing that they really soar—Dreampt's meets the Ebenezer Baptist Church choir, and the congregation's spriits raise the roof.

Tyler the Beguiler

PERRY'S DISMAL EARLY LIFE COULD BE THE source for a play of its own-and, of course. it has been. Born and raised in New Orleans, Perry "suffered from endless abuse growing up," according to his website bio. (He and his stern father have since reconciled: after some shows, he brings his parents onstage.) As a young adult, Perry was homeless for a time. Finding faith in God gave him faith in his creative powers. Taking advice he heard Oprah Winfrey give about putting your grievances down on paper, he wrote exorcising letters to himself and turned them into his first play, I Know I've Been Changed, He settled in Atlanta. which is still his base of operations. Soon he was a one-man off-Broadway, penning and often starring in nine original plays in nine years: I Can Do Bad All by Myself (2000), Diary of a Mad Black Woman (2001), Madea's Family Reunion (2002), Madea's Class

Reunion (2003), Meet the Browns (2004), Why Did I Get Married? (2004), Madea Goes to Jail (2005), What's Done in the Dark (2006) and this year's The Marriage Counselor.

Reinventing what was known in preintegration years as the "chitlin circuit" black theater and vaudeville—Perry crossed the South and the largely black cities of the Midwest with his rep company of actor singers. Making a go of such a project would be revolutionary, or counter revolutionary, enough. But it's the tone of his plays that's startling: a violent blend of the earthy and the Evangelical.

Actually, blend is the wrong word. Perry's shows are contradictorily and si multaneously rude, forgiving, uplifting, demeaning. Comedy will get churning wildly, then stop in its tracks for a confession of spousal or child abuse. Laugh-cry, empathize-criticize the mood changes so rapidly in these anachronistic exhibitions that they can seem defaulty postmodern.

For shows that attract a church crowd, Perry's are on the gamy side. Most of the women wear low-cut, skintight frocks. The young men tend to be extravagantly muscular; they frequently take their shirts

off, to the oohs of the audience.
Usually, the supporting players carry
the melodrama, and Perry's Madea shoul,
ders the comedy, Black actors playing fat
women is not exactly an innovation, as
Martin Lawrence and Eddie Murphy can
attest. But the 6-ft. ş-in. (1,96 m) Perry, who

You could ask if Perry is mocking the folks he hopes to uplift. But his form of comic melodrama depends on emotional extremes

in civvies has the smooth good looks of a Will Smith, cuts an arresting figure. Outfitted in a purple print dress, giant glasses and sandbag bosom, carrying a purse with three handguns and punctuating every comment with the wave of a cigarette, the star stomps around the stage shouting out orders and ridiculing the supporting characters for being too short, too fat or insufficiently black. In these "recorded live" stage performances, he also evidently enjoys breaking the other actors' rhythm. You're encouraged to believe that this is a freeform stage dress rehearsal and that Perry takes the director's prerogative to step out of character and boss his cast around

Madea may be God-fearing, but she has the mouth of a black Don Rickles-Fingering her daughter's filmy nightgown in Madea's Family Reaulon, she says, "That's them twins Polly and Esther; that ain't no silk." Her remorseful granddaughter "ain't apologizing, she's apolo lyin." And if the insults don't hit the mark, she can always use the pistols in her purse. "I got more weapons in here."

than the U.S. dropped on the Taliban," she shouts. "You don't wanna mess with me."

Ms. Mabel is more than the comic relief in these plays. She's the moral arbiter, the fearless truth teller, the preacher of racial pride. In Diary, her well-bred daughter is about to confront the hussy who stole her man. Madea butts in, "No, you're gonna deal with her like a butte woman. I'mgon na deal with the relike a black-woman."

Does Perry's flaunting of African-American stereotypes amount to blackface? There's no question that among the weeping queens, strutting kings and egodeflating jokers in his pack, he does play the race card. But he's dealing it to fellow blacks, and if enough of them didn't love it, he couldn't have afforded the lavish new house he built in suburban Atlanta. You could also ask if Perry is mocking the folks he hopes to uplift. But his form of comic melodrama depends on creating emotional extremes, acute cartoons of recognizable behavior, people who hurt and get hurt. Public humiliation is the penance his stage characters must endure before they are absolved in a final embrace and bring the curtain down with a full throated gospel song-

It would be nice if some of the downhome fervor and neck-snapping incongruities of his stage shows could be duplicated in movies. They might not cross over to the wider audience, but that shouldn't concern Perry. His core crowd loves him. And, he surely believes, so does Jesus.

The Multimedia Reach of Tyler Perry. All writing, all directing, all over. Whatever he touches turns to gold

TELEVISION MOVIES House of Payne, Perry's He has directed four of the comedy series about too five motion pictures made many family members from his plays and starred living together, premiered in four (three times as In June 2007 on TBS. Madea, right). Its debut episode earned Diary of a Mad Black Woman the highest-ever sitcom cost \$5.5 million and made rating on basic cable. \$50 million in the U.S.

THEATER

The Marriage Counselor, the 10th musical he has written and directed, will be touring in April. From 2000 to this year, he wrote nine plays in nine



BOOKS

His volume of Madea wisdom. Don't Make a Black Woman Take Off Her Earnings. came out in 2006. Debuting at No. 1, it spent 12 weeks on the New York Times best-seller list.

TELEVISION

Founding Fighters. HBO's John Adams looks anew at the start of Americaand of the arguments it's still having

BY JAMES PONIEWOZIK

AMERICA'S FIRST PRESIDENT, GEORGE Washington, is on Mount Rushmore. So is the third, Thomas Jefferson. But there is only the merest crevice between them where the second, John Adams, might have been. Nor has Adams ever been on the face of a regular piece of U.S. currency. William McKinley got the \$500 bill, for God's sake!

The misfortune of John Adams the man, however, is the good fortune of HBO's John Adams the miniseries. Because viewers have little preconception of the man, the miniseries is free to do what history should, which is not just reproduce the past but reflect on the present. Add a little diversity and subtract a few powdered wigs, John Adams says, and we're having essentially the same arguments we had more than 200 years ago.

Adams (Paul Giamatti) didn't catch many breaks. He wasn't tall and commanding like Washington, wildly gifted like Ben Franklin or silver-tongued like lefferson-and, he notes, he doesn't have an inheritance, so he must work for a living as an attorney. This colors his personality; Giamatti plays him as a trudging bulldog, noble but vain, intellectual but provincial, idealistic but cautious. And it colors his politics, giving him a darker view of life than those of his colleagues with cleaner fingernails.

The most thought-provoking differences are between Adams and lefferson (Stephen Dillane). Jefferson is a classic Enlightenment optimist, who believes in philosophy and science and the improvability of mankind. Adams believes that you can change people's conditionmake them freer, more prosperous, more fairly represented but you can't better their souls.

Their differences spill over into politics after the Revolution, Jefferson is leery of creating a strong Constitution that will effectively force the choices

Not a show horse Giamatti's

and values of his generation on Americans to come. Adams favors it-for exactly that reason. To him, it's human nature to revert to mob rule and injustice: if his generation is lucky enough to get the rules right for once, they should damn well be cemented so that later generations can't screw them up. "You have a disconcerting lack of faith in your fellow man," Jefferson chides. "And you," Adams retorts, "display a disturbing excess of faith in your fellow man."

It's an eternal, multifaceted, unresolved argument. Put one way, it's the debate between hope and pragmatism. Put another, it's the argument between liberalism and conservatism. In Episode 4, the two men watch a demonstration in France of a manned hot-air balloon. It's a small, perfect illustration of the ferment and unease of the Enlightenment. Jefferson is rapturous about the flight and all it symbolizes about human progress; man's bond to Earth is literally being severed for the first time. Adams is convinced the thing won't get off the ground. When the balloon takes off, lefferson gloats, "Mankind floats upon a limitless plain of air." Adams deadpans, "Hot air."

Hot air! Just pretty words! It's tempting to map John Adams on today's political campaign, with Jefferson as hope-mongering orator Barack Obama and Adams as pragmatic workhorse Hillary Clinton. But the analogy is not perfect. The complex Adams parallels a range of his successors. Like the current President Bush, he's leery of foreign counsel, especially from the French, whom he sees as corrupt, face-painting dandies. Like the previous President Bush, he established a dynasty, through his son John Quincy. And he carries in him pieces

It's tempting to map John Adams on today's campaign, with Jefferson as hope-mongering orator Barack Obama and Adams as pragmatic workhorse Hillary Clinton

of many Americans who've had to rely more on hard work than on gifts and charm: a little Nixon, a little Truman a little Bob Dole.

You'd think that Hollywood, like the chiselers of mountains, would side with the charismatic dreamers. But John Adams shows that Adams' unflashy tenacity-"Thanks be to God. He gave me stubbornness"is an asset and his skepticism a form of idealism. To put it in today's terms, Adams is not the Founding Father you'd want to have a beer with.

That might be lefferson or witty, bawdy Franklin. But Adams beat lefferson in the first contested U.S. election, in 1796, before losing to him in 1800. Who was right? Who ultimately won? Unlike the reply on Mount Rushmore, that answer has not been set in stone.







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BOOKS

The Jihadi Next Door. What turns a law-abiding young man into a terrorist? A forensic psychiatrist offers answers

BY ARYN BAKER



AHMED OMAR SAED SHEIKH was the kind of guy you could have taken home to Mom. Smart and friendly, he once jumped in front of a train in a London tube station to rescue a fallen commuter. But he also, in the name of the Islamist

cause, gleefully threatened a hostage with decapitation in 1994. That hostage survived, but Danny Pearl, the Wall Street Journal Pakistan correspondent whom Sheikh is charged with kidnapping in January 2002, did not. The video of Pearl's beheading can still be found on the Internet (though the identity of the actual knife wielder remains unknown). How does someone like Sheikh—"the kindest, most gentle person you could meet," according to his brother—turn terroris!

In Leaderless Jihad, the latest book by the author of 2004's Understanding Terror Networks, forensic psychiatrist Marc Sageman attempts to unravel the psychological profile of Islamist terrorists. Like his earlier book, Leaderless Jihad discredits conventional wisdom about terrorists by eschewing anecdotes and conjecture in Javor of hard data and statistics. And statistically, the enemy is un

"It is easy to view terrorists as alien crea

tures who exist outside normal patterns of social interaction," he writes But the sobering reality is that they don't. Sociopaths do not make capable terrorists—they seldom take orders and are rarely willing to sacrifice their lives for a larger goal. Many terrorists, on the other hand, share qualities with ordinary, law-abiding people: tender and in telligent, even if emotionally wrought. Of their radicalization can be traced to a scrupulous moral outrage—not an irrational harted or base prejudice.

Radical Muslims become bombers, Sageman argues, when the causes of their anger—the Israeli occupation of Palestin ian land, the U.S. invasion of Iraq—come to be perceived as part of a wholesale war against Islam. This feeling of being un der attack may be amplified by personal experience of discrimination and then validated by exchanges with like-minded friends, family members and Internet users before being converted into action by "al-Queda." Not, as Sageman puts it,

Many terrorists share qualities with ordinary people: they can be cooperative, goaloriented and intelligent Public enemy Sheikh's brother called him "the kindest, most gentle person you could meet"

"al-Qaeda Central" (made up of those who have sworn an oath of loyalty to Osama bin Laden) but al-Qaeda the informal net work, mobilizing radicalized Islamists around the world without any contact with bin Laden at all.

Al Qaeda Central, says Sageman, is on the wane, its leaders dead or on the run and increasingly isolated. It is the informal al Qaeda—born after the attacks on Sept. 11 and exploding into raging adolescence after the U.S. invasion of Iraq in 2003—that is the real threat, waging the "leaderless jihad" of the book's title chapter.

Poverty and lack of opportunity are not necessarily the factors that drive young men to commit violence in al-Qaedas name. (Sheikh was middle class and educated at a private school) "They view themselves as warriors willing to sacrifice themselves for the sake of building a bet ter world," Sageman explains, "and this gives meaning to their lives." They are also younger and less visible, blending in with the Western societies they grew up in.

Because of security crackdowns, they are unable to reach out to al (2043 or rigi nal leadership, but they can access jihadi Internet forums for guidance and bomb making expertise. The Madrid train bomb ings of 2004, which killed 191 committes, are an example of an atrocity committed by such young men. The attacks were an "offering to al Qaeda Central leaders for ... admission into the ranks of global Islamist terrorism." Sageman writes.

The solution to Islamic terrorism, as the author sees it, is genuine peace in the Palestinian territories and an immediate U.S. withdrawal from Iraq, depriving ji hadis of their ability to wage a moral war. "The presence of even one American sol dier ... will trump any goodwill policy the United States attempts to carry out in the Middle East," he writes. He also recommends an end to the offering of rewards, to the publication of most wanted lists and to the staging of press conferences that proclaim the capture of top terrorists, since jihadis regard all these as badges of honor. It would be better. Sageman says, to treat terrorists like common criminals.

None of Sageman's solutions are new or achievable soon, and not everyone agrees that they would work. But it isn't a forensic psychiatrist's job to come up with counterterorist strategy. It is his job to offer a cogent alternative to the "Why do they hate us?" hand-wringing that dominates much writing about the terrorist mind-set, and Sageman has done that with great clarity.



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Downtime



5 Things You Should Know About. Entertainment by way of real estate, diamonds, immigration and autism



TELEVISION

Autism: The Musical HBO; debuts March 25, 8 p.m. E.T.

This documentary follows five autistic kids who, under the loving guidance of an acting coach, write and star in their own musical. Their story is uplifting yet often heartbreaking, and especially poignant are the voices of the parents, who reveal the stress—particularly marital—of the day-to-day struggles of raising an autistic child. No false notes. A



The Riches FX; Tuesdays, 10 p.m. E.T.

A family tries to maintain the illusion of living the American Dream, relying on a deceptive real estate scheme to keep afloat. Are we watching cssc? No, it's Season Two of this incisive dark comedy, in which the con-artist Rich/Malloy family's situation gets trickier as Wayne (Eddie Izzard) keeps a new secret from Dahlia (Minnie Driver). A



MUSIC

Panic at the Disco Pretty. Odd.; available March 25

The exclamation point after Panicis gone, as are the cravats and goth makeup. The foursome may lose a few fans as a result, but the songs on the group's second album are smarter, with fully developed melodies that range from Supertrampy bounce to Pearl Jammish crunch. Where this band goes now is unclear, but the journey is a lot more interesting. B



MOVIES

Flawless. Directed by Michael Radford, writine by Edward Anderson, rated PG-13 gores March x8 In 1960s London, an aged Janitor (Michael Caine) suggests to a frustrated female exec (Demi Moore) that they steal some of the inventory from the diamond firm they work for. Not the jolly sort of heist film (Gambit, The Italian Job) that Caine fronted in the '60s, this one plods a bit, but it makes fine use of the actor's sweet gravity and rufed Icharm. B



Under the Same Moon Directed by Patricia Riggen; rated PG-13; out now

Illegal immigrants are just so ... wonderful. That's the message of this weepie about a Mexican boy (Adrian Alonso) trying to reunite with his mother (Kate del Castillo), who is working as a maid in Los Angeles. For all the film's shameless sentiment, young Alonso radiates an unforced winsomeness that could melt Lou Dobbs' heart, if he had one. B- WANDERING THE WEB

Comic Stripped

IF YOU STILL DOUBT THE awesome power of the Internet, consider this: it has the power to make Garfield funny again. Garfield Minus Garfield. at garfieldminusgarfield .tumblr.com. is a website that republishes old Garfield strips doctored so that Garfield himself isn't there. All you see is a lonely and apparently demented Jon Arbuckle wandering an empty landscape of countertops and refrigerators, lasagna and coffee. "Who would have guessed," writes the site's author, who identifies himself as Dan Walsh, 32, of Dublin, Ireland, "that when you remove Garfield from the Garfield comic strips, the result is an even better comic about schizophrenia, bipolar disorder and the empty desperation of modern life?" Samuel Beckett.







The Kitchen Stinks. Composting is part of my marital bargain, but I'm not saving the planet—I'm saving the hippies

MY WIFE'S TARENTS ARE HIPPIES. IN GENERAL, THIS HAS made my life a lot easier. Instead of questioning their daughter's future with a journalist, they were awed that I was able to pay for the 475 sq.-ft. (45 sq m) apartment we lived in for six years. And that I was all sophisticated with my use of deodorant.

But it does mean that my lovely wife Cassandra grew up with different habits—habits that are now my habits. I'm a hippie by marriage.

I care about the environment as much as anyone else.

If the environment wasn't looking where it was going and was about to get hit by a car, I'd yell, "Hey, environment,

was about to get hit by a car, I dy ye watch out? I get weepy when I see a poorly rendered cci polar bear drown. But unlike me, Cassandra was taught to spend more time actually caring than remembering that she is supposed to. We flush the toilet only when absolutely necessary, for instance. Which, in my unenlightened opinion, would mean every time we use it, especially since her being a child of hippies means we have to take a lot of vitamins and eat asparagus.

Now that we have a house with a backyard, Cassandra has decided we need a compost heap. Apparently she has very warm memories of her child-

hood compost. What these are I find hard to imagine. Sledding down the compost pile? Building compost castles? Making compost angels? Playing Batman, Robin and the Case of the Maggot-Ridden Tofu Pup?

At first our compost system consisted of a Tupperware container that I put eggshells and bannan peels in. I was supposed to put alot of other stuff in there too, but there was also stuff I was absolutely not supposed to put in, so I simplified it down to the things she would notice if I threw them away in the regular garbage.

When the Tupperware container disappeared, I was greatly relieved. This was foolish. A week later, Cassandra decorated our kitchen with a large green compost bin—which, I may point out, is clearly made of plastic—and told me to throw all kinds of stuff in there. This stuff would then sit in our kitchen. Rotting, I was starting to understand that there are reasons besides shunning deodorant that hippies smell bad.

Then the UPS guy delivered a coil of bamboo fencing

so large I could barely lift it. This would demark the compost area in our yard. That way, we could enjoy rotting things both inside and outside our house. And denude a small part of Vietnamese jungle.

As far as I was concerned, we were replacing an environmentally superior system: I put food in the garbage disposal, it went out to the ocean, fish ate it, and I ate the fish and put the uneaten fish bits right back into the disposal—a perfect, waste free circle of life. Cassandra didn't see it that way. She wanted the thrill of watching food decompose. I wondered if we could do something else for the planet insteads save trees by ordering fewer

fashion magazines, protect cows by massively reducing our purchases of boots and handbags, conserve energy by not watching Gossip Girl. But the compost isn't going anywhere.

I realize our planet has limited resources and Chinese people want cars and all this is making our planet warmer for reasons. I'm pretty sure I understood when I left the AI Gore movie and have no idea about now and am not nearly interested in enough to watch that AI Gore movie again. But I'm convinced that the environmental movement is less about making sure we humans can continue to do

we humans can continue to do important things like fly and drive and spritz ourselves with cans of Evian and more of an excuse to advocate an anticonsumerist, antiglobalization, antigodo smellingkitchen agenda. People were living in communes, crocheting their own Rasta hats and conserving office electricity by not getting a job long before they knew it was preventing global warming. So don't pretend that some of this environmentalism isn't about pushing a lifestyle. Somewhere someone is arguing that carbon emissions are somehow reduced by aim bands.

I'm fine with Cassandra's new, cool Prius. Those curly fluorescent bulbs we have are great. And I do think we should replace our plants with cacti, only partly because they seem so much more badass than rosebushes. But I believe our messy oil age will be replaced by better technology, not by a planetary embrace of Luddism. Because really, what's easier—one smart dude figuring out how to run cars on sea monkeys, or convincing all of Asia to never try air conditioning? Those people eat spicy food.



As a matter of fact, the water you drink does make a difference.

- Matt Damon

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